

September 2023 Programs at Encore

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black. Hybrid Classes (in-person and virtual) are noted in blue.** Special programs/events are noted in Gold. You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Friday, Sept. 8 at 4:15pm  Dinner Club: JJ Asian Cuisine	 Breakfast Club: Ralph's Corner Diner Thursday, Sept. 14 at 9am	Friday, September 22 at 11am  Peter Wentz Farmstead: History of PA to 1800 Presentation	 Special Lunch: Hispanic Heritage Friday, Sept. 29 at 12pm (\$10) 	1 10:00 Wii Sports or Jeopardy 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$4)
CLOSED Labor Day	5 9:00-10:20 Haircuts (by appointment only) 9:15 Walking with Weights (\$4) 9:30 Group Trivia 10:00 Stamp Club 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)	6 8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 11:00 Chair Yoga (\$4) 12:00-1:00pm Lunch 1:00pm Medicare Counseling (by appt.) 1:00pm Project HEARTH: Family Services Volunteer Driver Program	7 9:00 Wood Carving 9:30 Stitch & Chat 10:00-11:00 Free Blood Pressure Screenings 11:00-12:00pm Help Yourself to Healthy Living: Breathe Easy! 11:00-12:00pm Puppy Time with Piper 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)	8 10:00 Wii Sports or Jeopardy 11:00 PA Rep. Donna Scheuren's Office Resource Hour 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$4) 4:15pm Dinner Club: JJ Asian Cuisine
11 9:15 Tai Chi (\$5) 10:00-12:00pm Exploring ChatGPT with Tech Ed 12:00-1:00pm Lunch 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks	12 9:15 Walking with Weights (\$4) 9:30 Group Trivia 10:00 Storytime with Josephine 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)	13 8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 10:30-12:00pm Cash for Gold 10:30 Tech Tutoring with Ed (by appointment only) 12:00-1:00pm Lunch 1:00pm Keystone First VIP Choice Event	14 9:00 Breakfast Club: Ralph's Corner Diner 9:00 Wood Carving 9:30 Stitch & Chat 11:00-12:00pm Puppy Time with Piper 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Advisory Council 1:30pm Tone & Balance (\$4)	15 10:00 Wii Sports or Jeopardy 10:30 Arts & Crafts with Laura: Bookmarks (\$2) 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$4)
18 9:15 Tai Chi (\$5) 10:00-12:00pm Exploring ChatGPT with Tech Ed 12:00-1:00pm Lunch 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks	19 9:00-10:20 Haircuts (by appointment only) 9:30 Group Trivia 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)	20 8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 12:00-1:00pm Lunch 1:00pm Wedding Dance Exercises with Nadine (\$4)	21 9:00 Wood Carving 9:30-10:30 Legal Consultations (by appt.) 9:30 Stitch & Chat 11:00-12:00pm Puppy Time with Piper 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)	22 10:00 Wii Sports or Jeopardy 11:00 Peter Wentz Farmstead: History of Pennsylvania to 1800 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$4)
25 9:15 Tai Chi (\$5) 10:00-12:00pm Exploring ChatGPT with Tech Ed 12:00-1:00pm Lunch 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks	26 9:30 Group Trivia 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:00pm-3:00pm My Life, My Health: A Chronic Disease Program 1:30pm Zumba (\$4)	27 8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appointment only) 11:00 Soup in a Jar Cooking Demo with Terri Wassel 12:00-1:00pm Lunch 1:00pm Chair Bingo Exercise (\$4)	28 9:00 Wood Carving 9:30 Stitch & Chat 10:00-2:00pm Social Services with Carol Costlow 11:00-12:00pm Puppy Time with Piper 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)	29 9:30 Veterans' Coffee Catch-up 10:00 Wii Sports or Jeopardy 12:00-1:30pm Special Lunch: Hispanic Heritage (\$10) 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$4)