

September 2022 Program Calendar

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black.** **Virtual Classes are noted in green.** **Special programs/events are noted in Gold.** You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes and special events.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>Wednesday September 14 Korean Bong Sul Presentation 1:00pm</p>	<p>Independence 🇺🇸 Virtual Presentations for your Health September 12 September 19 September 26 1:00pm</p>	 <p>Special Lunch with Mia Johnson Tuesday September 27 1:00pm</p>	<p>1 8:00 Rummikub, Games and Puzzles 10:30 Chess Club 11:30-12:30 Lunch 3:30pm English as a Second Language for Koreans</p>	<p>2 8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 9:30 PEAK Pinochle 11:00 Grief Support 11:30-12:30 Lunch 12:30pm Bingo 2:00pm Korean Bong Sul</p>
<p>5 CLOSED </p>	<p>6 8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 The Gathering 11:00 Yoga (\$3) 11:30-12:30 Lunch 1:00pm Korean Dance 3:30pm Korean Smart Phone Class</p>	<p>7 8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30-12:30 Lunch 12:45pm Pinochle 2:00pm Korean Bong Sul 4:00pm Korean Easy Art</p>	<p>8 8:00 Rummikub, Games and Puzzles 10:30 Chess Club 11:30-12:30 Lunch 3:30pm English as a Second Language for Koreans</p>	<p>9 8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 9:30 PEAK Pinochle 11:30-12:30 Lunch 12:30pm Bingo 2:00pm Korean Bong Sul 2:30pm Happy Hour</p>
<p>12 8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 11:30-12:30 Lunch 1:00pm Presentation: Eat Like a Centenarian: Nutrition for Longevity 1:00pm Korean Flower Arranging 2:00pm Korean Bong Sul</p>	<p>13 8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 Storytime with Josephine 11:00 Yoga (\$3) 11:30-12:30 Lunch 1:00pm Korean Dance 3:30pm Korean Smart Phone Class</p>	<p>14 8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30-12:30 Lunch 12:45pm Pinochle 1:00pm Bong Sul Demonstration 4:00pm Korean Easy Art</p>	<p>15 8:00 Breakfast Club at Ralph's Corner Diner 8:00 Rummikub, Games and Puzzles 10:30 Chess Club 11:30-12:30 Lunch 3:30pm English as a Second Language for Koreans</p>	<p>16 8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 9:30 PEAK Pinochle 11:00 Grief Support 11:30-12:30 Lunch 2:00pm Korean Bong Sul</p>
<p>19 8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 11:30-12:30 Lunch 1:00pm Presentation: Anxiety During Unprecedented Times 2:00pm Korean Bong Sul</p>	<p>20 8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 The Gathering 11:00 Yoga (\$3) 11:30-12:30 Lunch 1:00pm Korean Dance 3:30pm Korean Smart Phone Class</p>	<p>21 8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30-12:30 Lunch 12:30pm SSNA: How to Reduce the High Cost of Prescription Dugs 12:45pm Pinochle 2:00pm Korean Bong Sul 4:00pm Korean Easy Art</p>	<p>22 8:00 Rummikub, Games and Puzzles 10:30 Chess Club 11:30-12:30 Lunch 3:30pm English as a Second Language for Koreans</p>	<p>23 8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 9:30 PEAK Pinochle 11:30-12:30 Lunch 12:30pm Bingo 2:00pm Korean Bong Sul 2:30pm Happy Hour</p>
<p>26 8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 11:30-12:30 Lunch 12:00pm Book Club 1:00pm Presentation: Sugars, Sweets & Sours 2:00pm Korean Bong Sul</p>	<p>27 8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 The Gathering 11:00 Yoga (\$3) 11:30-12:30 Special Lunch with singer Mia Johnson 12:00pm Legal Consult. (by appt. only) 1:00pm Korean Dance 3:30pm Korean Smart Phone Class</p>	<p>28 8:00 Rummikub, Games and Puzzles 10:00-12:00 Eye Scans with Mont. Cty. Assoc. of the Blind 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30-12:30 Lunch 12:45pm Pinochle 1:00pm Korean Bong Sul 4:00pm Korean Easy Art</p>	<p>29 8:00 Breakfast Club at Ralph's Corner Diner 8:00 Rummikub, Games and Puzzles 10:30 Chess Club 11:30-12:30 Lunch 2:00pm PT Solutions Fall Risk Assessments 3:30pm English as a Second Language for Koreans</p>	<p>30 8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 9:30 PEAK Pinochle 11:00 Grief Support 11:30-12:30 Lunch 12:30pm Bingo 2:00pm Korean Bong Sul</p>