

THE PEAK CENTER Lunch Menu

September 2022

Reserve your lunch by calling 215-362-7432

Lunch is served from 11:30am to 12:30pm

(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Beef Stroganoff with Egg Noodles Applesauce Mixed Vegetable 1% Milk	2 Baked Macaroni and Cheese with Stewed Tomatoes Green Beans 1% Milk
5 CLOSED 	6 Stuffed Shells with Tomato Basil Sauce Steamed Carrots Green Beans 1% Milk	7 Turkey and Stuffing Mashed Potatoes Peas and Pearl Onions Cranberry Sauce 1% Milk	8 Chicken Parmesan Pasta with Olive Oil and Parsley Italian Green Beans Dinner Roll 1% Milk	9 Pollock Florentine with Basil Cous Cous Carrots Brussel Sprouts Cookie 1% Milk
12 Tortellini with Red Sauce White Beans with Pesto Italian Green Beans 1% Milk	13 Crab Cake Old Bay Potatoes Mixed Vegetables Tarter Sauce 1% Milk	14 Vegetable Lasagna Roasted Potatoes Italian Blend Vegetables 1% Milk	15 Tex Mex Chicken Fiesta Rice Capri Vegetable Cookie 1% Milk	16 Vegetable Cheese Omelet Breakfast Potatoes Turkey Sausage Bagel 1% Milk
19 General Tso Chicken with Fried Rice Mini Egg Roll Vegetable Blend Sweet and Sour Sauce 1% Milk	20 Salisbury Steak with Gravy Mashed Potatoes Mixed Vegetables Fresh Fruit 1% Milk	21 Swedish Meatballs with Noodles Peas Applesauce 1% Milk	22 Chicken Burger Baked Beans Green Beans Bun 1% Milk	23 Chicken Tenders Baked Beans Apple Crumble Baby Carrots Dipping Sauce 1% Milk
26 Chicken Pan Pie Applesauce Green Beans 1% Milk	27 SPECIAL LUNCH Salad Bar (salad, tomatoes, shredded cheese, carrots, chicken, chick peas, hard boiled eggs) 1% Milk	28 Roast Pork Au Jus with White Beans and Spinach Cauliflower with Cheese Sauce Fruit Cobbler 1% Milk	29 Turkey Thyme Risotto Carrots Brussel Sprouts 1% Milk	30 Pasta Bolognese Parmesan Carrots Fruit Crumble 1% Milk