

# November 2023 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.

(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<b>1</b> Vegetable Lasagna Pesto Cauliflower Roasted Potatoes with Rosemary Fudge Cookie Milk	<b>2</b> Chicken Sausage Waffle Pears Collard Greens Milk	<b>3</b> Calypso Flounder with Jamaican Cabbage Steamed Carrots Brussel Sprouts
<b>6</b> Roasted Herb Chicken with Bean Casserole Broccoli with Cheese Sauce Quinoa Pilaf with Riced Vegetables Milk	<b>7</b> Meatloaf with Gravy Mashed Potatoes Mixed Vegetables Fudge Cookie Milk	<b>8</b> Sweet Italian Sausage Roasted Potatoes with Rosemary Steamed Peas Milk	<b>9</b> Eggplant Parmesan Steamed Green Beans and Carrots Cinnamon Peaches Milk	<b>10</b> Turkey Thyme Risotto Steamed Carrots Broccoli Milk
<b>13</b> Chickpea Curry Stew with Brown Rice Peas & Confetti Vegetables Apple Cobbler	<b>14</b> Herbed Chicken with Tomato Coulis over Polenta Broccoli Poached Pear Fresh Orange Milk	<b>15</b> Cheese Stuffed Shells with Tomato Basil Sauce Steamed Carrots Steamed Green Beans Milk	<b>16</b> Swedish Meatballs served over Noodles Peas Applesauce Milk	<b>17</b> Roast Pork au Jus with White Beans & Spinach Cauliflower with Cheese Sauce Peach Cobbler Milk
<b>20</b> Roasted Tilapia with Lemon over Rice Capri Vegetables Apple Cobbler Chocolate Pudding	<b>21</b> <b>SPECIAL LUNCH (\$10)</b> Turkey with Stuffing & Gravy Mashed Potatoes Green Bean Casserole Cranberry Sauce Holiday Pie Milk	<b>22</b> Gingered Mustard Pork Brussel Sprouts Sweet Potatoes Oatmeal Cookie Milk	<b>23</b> <b>CLOSED</b> 	<b>24</b> <b>CLOSED</b> 
<b>27</b> Chicken Madras with Orzo & Peas Zucchini with Tomatoes Yellow Squash Milk	<b>28</b> Open-faced TurkeyBurger with Roasted Corn & Mango Salsa Wild and Brown Rice Pilaf Broccoli Whole Fresh Fruit Milk	<b>29</b> Vegetable Lasagna Pesto Cauliflower Roasted Potatoes with Rosemary Fudge Cookie Milk	<b>30</b> Chicken Sausage Waffle Pears Collard Greens Milk	