

November 2024 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. (Menu is subject to change)

	www.ghnpss.org	(Mena is subject to change)			
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
					Roasted Tilapia with Lemon over Rice Capri Vegetable Blend Stewed Tomatoes Milk
	Optional: Lunch & Movie! COLD MEAL Garden Salad with Boiled Egg Cottage Cheese Macaroni Salad Milk	Gingered Mustard Pork Brussels Sprouts Sweet Potatoes Milk	Caribbean Flounder with Dirty Rice Steamed Carrots Brussels Sprouts Milk	Beef Stroganoff with Egg Noodles Mixed Vegetables Applesauce Milk	French Toast Sticks Scrambled Eggs with Cheese Peaches w/ Granola Milk
	Chicken Burger with Roasted Peppers and Provolone Wild & Brown Rice Pilaf Steamed Broccoli Milk 11	Pasta with Meatballs Peas Poached Pear Milk	Korean BBQ Beef Fried Rice Roasted Peppers & Onions Milk	COLD MEAL Chicken Caesar Salad Hoagie California Viniagrette Tapioca Pudding Milk 14	Sweet Italian Sausage Peppers & Onions Marinara Sauce Roasted Potatoes Steamed Peas Milk 15
	Meatloaf w/ Gravy Mashed Potatoes Mixed Vegetables Milk	COLD MEAL Roasted Vegetable Grinder Green Bean Vinaigrette Mandarin Oranges Milk 19	Paprika Chicken with Brown and Wild Rice Pilaf Poached Pear Peas and Carrots Milk	BIRTHDAY LUNCH Roasted Chicken Thighs with Sweet Potatoes Green Beans Blueberry Buckle Milk 21	Korean Roast Pork Fried Rice Capri Vegetables Milk 22
1	Special hanksgiving Lunch Turkey with Gravy Stuffing Sweet Potatoes Green Beans Pie Milk	Cheese Stuffed Shells with Crushed Tomato Sauce Steamed Carrots Mixed Vegetables Milk 26	Swedish Meatballs over Egg Noodles Peas Applesauce Milk	Closed For Thanksgiving	Closed For Thanksgiving