

## December 2023 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. (Menu is subject to change)

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Calypso Flounder with Jamaican Cabbage Steamed Carrots Brussel Sprouts
Roasted Herb 4 Chicken with Bean Casserole Broccoli with Cheese Sauce Quinoa Pilaf with Riced Vegetables Milk	Meatloaf with Gravy Mashed Potatoes Mixed Vegetables Fudge Cookie Milk	Sweet Italian Sausage Roasted Potatoes with Rosemary Steamed Peas Milk	<b>7</b> Eggplant Parmesan Steamed Green Beans and Carrots Cinnamon Peaches Milk	<b>8</b> Turkey Thyme Risotto Steamed Carrots Broccoli Milk
Chickpea Curry Stew with Brown Rice Peas & Confetti Vegetables Apple Cobbler	Herbed Chicken with Tomato Coulis over Polenta Broccoli Poached Pear Fresh Orange Milk	Cheese Stuffed Shells with Tomato Basil Sauce Steamed Carrots Steamed Green Beans Milk	Swedish Meatballs served over Noodles Peas Applesauce Milk	Roast Pork au Jus with White Beans & Spinach Cauliflower with Cheese Sauce Peach Cobbler Milk
Roasted Tilapia with Lemon over Rice Capri Vegetables Apple Cobbler Chocolate Pudding	Baked Mac & Cheese Stewed Tomatoes Green Beans Milk	20 Special Lunch (\$10) Roast Beef au Jus Spinach Gratin Roasted Winter Squash Holiday Cookies Milk	<b>21</b> General Tsoʻs Chicken w/ Fried Rice Broccoli Confetti Vegetables w/ Dumpling Milk	Beef Stroganoff w/ Egg Noodles Mixed Vegetables Applesauce Milk
CLOSED 25  MERRY MERRY MERRY Christmas	Open-faced <b>26</b> Turkey Burger with Roasted Corn & Mango Salsa Wild and Brown Rice Pilaf Broccoli Whole Fresh Fruit Milk	Vegetable Lasagna Pesto Cauliflower Roasted Potatoes with Rosemary Fudge Cookie Milk	<b>28</b> Chicken Sausage Waffle Pears Collard Greens Milk	BBQ Chicken Wraps w/ Black Bean Salsa Potato Salad Carolina Slaw Milk