

January 2024 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.
(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CLOSED 1 <i>Happy New Year 2024</i>	2 Gingered Mustard Pork Brussel Sprouts Sweet Potatoes Milk	3 Korean Roast Pork Fried Rice Capri Vegetables Milk	January Birthday Celebration! 4 Tossed Salad with Italian Dressing Cottage Cheese Macaroni Salad Baby Carrots Milk 	5 French Toast Sticks Scrambled Eggs with Cheese Peaches w/ Granola Milk
8 Turkey Patty with Corn & Mango Salsa Wild & Brown Rice Pilaf Steamed Broccoli Milk	9 Pasta with Meatballs Peas Roasted Pear Milk	10 Chicken Caesar Hoagie California Vegetable Vinaigrette Tapioca Pudding Milk	11 Calypso Flounder with Jamaican Cabbage Steamed Carrots Brussel Sprouts Milk	12 Roasted Chicken with Beans and Sundried Tomatoes Quinoa Pilaf with Riced Vegetables Broccoli with Cheese Sauce Milk
15 Meatloaf with Gravy Mashed Potatoes Mixed Vegetables Milk	16 Sweet Italian Sausage, Peppers, & Onions Marinara Sauce Roasted Potatoes Steamed Peas Milk	17 Paprika Chicken Wild & Brown Rice Pilaf Peas & Carrots Milk	18 Turkey Thyme Risotto Steamed Carrots Broccoli Milk	19 Mini Pancakes Turkey Sausage Links Spinach Maple Syrup Milk
22 Herb Chicken with Tomato-Basil Coulis over Creamy Parmesan Polenta Broccoli Apple Crumble Milk	23 Cheese Stuffed Shells with Crushed Tomato Sauce Steamed Carrots and Green Beans Milk	24 Special Brunch at Elm Terrace* OR Lunch at PEAK: Turkey Sandwich Three Bean Salad Orange Slices Milk <i>*see Special Programs pg. 11 for details</i>	25 Roast Pork Au Jus with White Beans and Spinach Cauliflower with Cheddar Sauce Peach Crumble Milk	26 Roasted Tilapia w/ Lemon over Rice Tartar Sauce Capri Vegetable Blend Stewed Tomatoes Milk
29 Tortellini Primavera Salad w/ Light Italian Dressing Grilled Marinated Chicken Peaches Milk	30 BBQ Pulled Pork Wrap Carolina Slaw Apple Sauce Milk	31 Korean Roast Pork Fried Rice Capri Vegetables Milk		