

# February 2024 Programs

Programs shown were scheduled at the time of printing and are subject to change. **In-person classes are noted in black.** **Hybrid classes (in-person and virtual) are noted in blue.** **Special programs are noted in gold.** You must make an appointment where indicated on the calendar and register for lunches as well as hybrid classes and special programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>Celebrating Black History Month</b></p>	<p><b>Special Lunch &amp; Valentine's Day Dance Party February 12th!</b></p>	 <p><b>HAPPY PRESIDENTS DAY</b></p>	<p><b>1</b></p>	<p><b>2</b></p>
<p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Fit for the Future (\$4)</b></p> <p><b>10:00 Whist &amp; Other Games</b></p> <p><b>11:00 Stitch &amp; Chat</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:30 pm Fraud Bingo</b></p> <p><b>2:00pm Korean Bong Sul</b></p>	<p><b>6</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Crafts with Friends (\$3)</b></p> <p><b>10:00 Tai Chi (\$4)</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>1:00pm Games</b></p> <p><b>1:00pm Korean Computer Class</b></p> <p><b>1:00pm Korean Dance &amp; Drumming</b></p> <p><b>3:30pm Korean Smart Phone Class</b></p>	<p><b>7</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/Games/ Puzzles/Chess</b></p> <p><b>10am-3pm Shiatsu Appointments (\$20)</b></p> <p><b>10:00 Fit for the Future (\$4)</b></p> <p><b>10:00 Medicare Counseling (by appt.)</b></p> <p><b>10:00 Wii Bowling</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:00-1:30pm Senior Expo</b></p> <p><b>12:45pm Pinochle</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced)</b></p> <p><b>3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</b></p>	<p><b>8</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:00 Yoga (\$4)</b></p> <p><b>10:00 Chair Yoga (\$4)</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>2:00pm Korean Line Dancing</b></p> <p><b>3:00pm ESL for Koreans</b></p> <p><b>4:00pm Korean Taekwondo</b></p>	<p><b>9</b></p> <p><b>Spirit Day! Wear your favorite sports team apparel!</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:30 PEAK Pinochle</b></p> <p><b>10:00-12:00pm Tech Appointments with Les</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:30pm Bingo</b></p> <p><b>1:30pm Korean Kalimba</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>3:00pm Korean Book Club</b></p>
<p><b>12</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Fit for Future (\$4)</b></p> <p><b>10:00 Whist &amp; Other Games</b></p> <p><b>11:00 Stitch &amp; Chat</b></p> <p><b>11:30-1:30pm Special Lunch and Valentine's Day Dance Party (\$10)</b></p> <p><b>2:00pm Korean Bong Sul</b></p>	<p><b>13</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>8:30-12:30pm AARP Refresher Course \$</b></p> <p><b>10:00 Tai Chi (\$4)</b></p> <p><b>10:00 Storytime with Josephine (Online &amp; at PEAK)</b></p> <p><b>10:00-12:30pm PA State Rep. Steve Malagari Resource Table</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>1:00pm Game Club</b></p> <p><b>1:00pm Korean Computer Class</b></p> <p><b>1:00pm Korean Dance &amp; Drumming</b></p> <p><b>3:30pm Korean Smart Phone Class</b></p>	<p><b>14</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/Games/ Puzzles/Chess</b></p> <p><b>10:00 Fit for the Future (\$4)</b></p> <p><b>10:00 Medicare Counseling (by appt.)</b></p> <p><b>10:00 Wii Bowling</b></p> <p><b>11:30-12:30pm Lunch with special volunteers from Mater Dei</b></p> <p><b>12:30pm Chair Exercise Bingo (\$4)</b></p> <p><b>12:45pm Pinochle</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced)</b></p> <p><b>3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</b></p>	<p><b>15</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:00 Yoga (\$4)</b></p> <p><b>10:00 Chair Yoga (\$4)</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:30-2:30pm Montco Association for the Blind</b></p> <p><b>12:30pm Zumba (\$4)</b></p> <p><b>2:00pm Korean Line Dancing</b></p> <p><b>3:00pm ESL for Koreans</b></p> <p><b>4:00pm Korean Taekwondo</b></p>	<p><b>16</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:30 PEAK Pinochle</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:30pm Bingo</b></p> <p><b>1:30pm Korean Kalimba</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>3:00pm Korean Book Club</b></p>
<p><b>19</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Fit for Future (\$4)</b></p> <p><b>10:00 Whist &amp; Other Games</b></p> <p><b>11:00 Stitch &amp; Chat</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:30 pm Unita Blackwell Black History Month presentation</b></p> <p><b>2:00pm Korean Bong Sul</b></p>	<p><b>20</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Tai Chi (\$4)</b></p> <p><b>10:30 Balance Screenings</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>1:00pm Game Club</b></p> <p><b>1:00pm Korean Computer Class</b></p> <p><b>1:00pm Korean Dance &amp; Drumming</b></p> <p><b>3:30pm Korean Smart Phone Class</b></p>	<p><b>21</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/Games/ Puzzles/Chess</b></p> <p><b>10:00 Fit for the Future (\$4)</b></p> <p><b>10:00 Medicare Counseling (by appt.)</b></p> <p><b>10:00 Wii Bowling</b></p> <p><b>11:30-12:30 Lunch</b></p> <p><b>12:30pm Advisory Council</b></p> <p><b>12:45pm Pinochle</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced)</b></p> <p><b>3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</b></p>	<p><b>22</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:00 Yoga (\$4)</b></p> <p><b>10:00 Chair Yoga (\$4)</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>2:00pm Korean Line Dancing</b></p> <p><b>3:00pm ESL for Koreans</b></p> <p><b>4:00pm Korean Taekwondo</b></p>	<p><b>23</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:30 PEAK Pinochle</b></p> <p><b>11:00 Grief Support</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:30pm Bingo</b></p> <p><b>1:30pm Korean Kalimba</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>3:00pm Korean Book Club</b></p>
<p><b>26</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Fit for Future (\$4)</b></p> <p><b>10:00 Whist &amp; Other Games</b></p> <p><b>11:00 Stitch &amp; Chat</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:00-1:30pm Movie Matinee</b></p> <p><b>12:00pm Book Club</b></p> <p><b>2:00pm Korean Bong Sul</b></p>	<p><b>27</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>10:00 Tai Chi (\$4)</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:00pm Legal Consultations (by appt.)</b></p> <p><b>1:00pm Game Club</b></p> <p><b>1:00pm Korean Computer Class</b></p> <p><b>1:00pm Korean Dance &amp; Drumming</b></p> <p><b>3:30pm Korean Smart Phone Class</b></p>	<p><b>28</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/Games/ Puzzles/Chess</b></p> <p><b>10:00 Fit for Future (\$4)</b></p> <p><b>10:00 Medicare Counseling (by appt.)</b></p> <p><b>10:00 Wii Bowling</b></p> <p><b>10:00-12:00pm PA Senator Maria Collett Resource Table</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>12:45pm Pinochle</b></p> <p><b>2:00pm Korean Bong Sul</b></p> <p><b>2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced)</b></p> <p><b>3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</b></p>	<p><b>29</b></p> <p><b>8:00 Creative Coloring</b></p> <p><b>8:00 Rummikub/ Games/Puzzles/Chess</b></p> <p><b>9:00 Yoga (\$4)</b></p> <p><b>10:00 Chair Yoga (\$4)</b></p> <p><b>11:30-12:30pm Lunch</b></p> <p><b>2:00pm Korean Line Dancing</b></p> <p><b>3:00pm ESL for Koreans</b></p> <p><b>4:00pm Korean Taekwondo</b></p>	 <p><b>New Class Alert!</b></p> <p><b>Chair Yoga</b></p> <p><b>Thursdays at 10am</b></p>