

# April 2024 Programs

Programs shown were scheduled at the time of printing and are subject to change. **In-person classes are noted in black.** **Hybrid classes (in-person and virtual) are noted in blue.** **Special programs are noted in gold.** You must make an appointment where indicated on the calendar and register for lunches as well as hybrid classes and special programs.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Whist &amp; Other Games 11:00 Stitch &amp; Chat 11:30-12:30pm <b>Special Easter Lunch</b> 2:00pm Korean Bong Sul</p>	<p><b>2</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 <b>Crafts with Friends (\$3)</b> 10:00 Tai Chi (\$4) 11:30-12:30pm Lunch 12:30pm "What is Ramadan" by Manny 1:00pm Games 1:00pm Korean Computer Class 1:00pm Korean Dance &amp; Drumming 3:30pm Korean Smart Phone Class</p>	<p><b>3</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10am-3pm <b>Shiatsu Appointments (\$20)</b> 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30pm Lunch 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p><b>4</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:00 Chair Yoga (\$4) 11:30-12:30pm Lunch - Celebrating April Birthdays! 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Music Therapy</p>	<p><b>5</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 10:00-12:00pm <b>Tech Appointments or Notary Public Services with Les</b> 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p><b>8</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Whist &amp; Other Games 11:00 Stitch &amp; Chat 11:30-12:30pm Lunch 12:00pm <b>Movie Matinee</b> 2:00pm Korean Bong Sul</p>	<p><b>9</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 <b>Storytime with Josephine (Online &amp; at PEAK)</b> 10:00 Tai Chi (\$4) 10:00-12:30pm <b>PA State Rep. Steve Malagari Resource Table</b> 11:30-12:30pm Lunch 1:00pm Games 1:00pm Korean Computer Class 1:00pm Korean Dance &amp; Drumming 3:30pm Korean Smart Phone Class</p>	<p><b>10</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30pm Lunch 12:30pm <b>Life in 18th Century PA</b> 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p><b>11</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:15 Chair Yoga (\$4) 11:30-12:30pm Lunch 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Music Therapy</p>	<p><b>12</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 10:00-12:00pm <b>Tech Appointments or Notary Public Services with Les</b> 11:00 Grief Support 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p><b>15</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 <b>Breakfast Club: Valentino's Bistro</b> 10:00 Fit for Future (\$4) 10:00 Whist &amp; Other Games 11:00 Stitch &amp; Chat 11:30-12:30pm Lunch 12:30pm <b>Boomers are Heroes</b> 2:00pm Korean Bong Sul</p>	<p><b>16</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:30 <b>Fraud Presentation with local Law Enforcement</b> 11:30-12:30pm Lunch 1:00 pm <b>Dental Health Presentation</b> 1:00pm Game Club 1:00pm Korean Computer Class 1:00pm Korean Dance &amp; Drumming 3:30pm Korean Smart Phone Class</p>	<p><b>17</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30pm Lunch 12:30pm <b>Advisory Council Meeting</b> 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p><b>18</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:15 Chair Yoga (\$4) 11:30-12:30pm Lunch 12:30pm <b>Montco. Association for the Blind</b> 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Music Therapy</p>	<p><b>19</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 10:30 <b>Let Gun Safety Be Your Target</b> 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p><b>22</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for Future (\$4) 10:00 Whist &amp; Other Games 11:00 Stitch &amp; Chat 11:30-12:30pm Lunch 12:30pm <b>Elvis Impersonator</b> 12:00pm Book Club 2:00pm Korean Bong Sul</p>	<p><b>23</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Tai Chi (\$4) 10:30 <b>PT Solutions Discussion: Exercising with Arthritis</b> 11:30-12:30pm Lunch 12:00pm Legal Consultations (by appt.) 1:00pm Game Club 1:00pm Korean Computer Class 1:00pm Korean Dance &amp; Drumming 3:30pm Korean Smart Phone Class</p>	<p><b>24</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/Games/ Puzzles/Chess 10:00 Fit for the Future (\$4) 10:00 Medicare Counseling (by appt.) 10:00 Wii Bowling 11:30-12:30 Lunch 12:30pm <b>VMSC: Learn About Your Local 911 Service</b> 12:45pm Pinochle 2:00pm Korean Bong Sul 2:30pm Korean Drawing Class (2:30 Beginner / 3:30 Experienced) 3:30pm Korean Saxophone Class (3:30 Beginner / 4:30 Experienced)</p>	<p><b>25</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:00 Yoga (\$4) 10:15 Chair Yoga (\$4) 11:30-12:30pm Lunch 12:30 pm <b>Free Blood Pressure Checks</b> 2:00pm Korean Line Dancing 3:00pm ESL for Koreans 4:00pm Korean Music Therapy</p>	<p><b>26</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 9:30 PEAK Pinochle 11:00 Grief Support 11:30-12:30pm Lunch 12:30pm Bingo 1:30pm Korean Kalimba 2:00pm Korean Bong Sul 3:00pm Korean Book Club</p>
<p><b>29</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 10:00 Fit for Future (\$4) 10:00 Whist &amp; Other Games 11:00 Stitch &amp; Chat 11:30-12:30pm Lunch 12:30 <b>Exploring Philadelphia's Historic Area Virtually with Norm Danis</b> 2:00pm Korean Bong Sul</p>	<p><b>30</b></p> <p>8:00 Creative Coloring 8:00 Rummikub/ Games/Puzzles/Chess 8:30 <b>AARP Safe Driver Refresher Course</b> 10:00 Tai Chi (\$4) 11:30-12:30pm Lunch 1:00pm Game Club 1:00pm Korean Computer Class 1:00pm Korean Dance &amp; Drumming 3:30pm Korean Smart Phone Class</p>	<p>April is Volunteer Appreciation Month! Say "Thanks" to a PEAK Volunteer Today!</p> 		