

October 2023 Lunch Menu

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.

(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Grilled Ham & Cheese with Whole Grain Bread Minestrone Soup Peaches Milk	3 Sliced Roast Beef & Gravy Green Beans Mashed Potatoes Dinner Roll Milk	4 Tuna-stuffed Tomato Four Bean Salad Crackers Milk	5 Sausage, Peppers & Onion on Sub Roll Pineapple Potato Chips Milk	6 Baked Haddock with Lemon/Wine Sauce Vegetable Medley Macaroni & Cheese Milk
9 Meatball Parmesan Sub Fruit Salad Potato Salad Milk	10 Shrimp & Grape Tomato Pesto Pasta Green Salad Milk	11 Sweet & Tangy Chicken Thighs Broccoli Brown Rice Vanilla Pudding Milk	12 Turkey & Bean Chili Stuffed Sweet Potato with Cheddar Cheese Green Salad Milk	13 Mandarin Chicken Salad Mixed Greens with Almonds, Craisins & Chow Mein Noodles Dinner Roll Milk
16 Cheeseburger with Lettuce, Tomato, & Onion on Multi-grain Bun, Fruit Salad Baked Beans Milk	17 Roasted Pork & Sauerkraut Mashed Potatoes with Gravy Applesauce Milk	18 Crab Cake Coleslaw Sweet Potato Fries Chocolate Pudding Milk	19 Chicken Ratatouille with Penne Wheat Dinner Roll Cookie Milk	20 Roasted Vegetable Flat Bread Pizza Green Salad Mandarin Oranges Milk
23 Baked Ziti Green Salad Dinner Roll Applesauce Milk	24 Chicken Salad Wrap Fresh Vegetable Salad Brownie Milk	25 Ground Beef Stroganoff over Egg Noodles Carrots Dinner Roll Milk	26 SPECIAL LUNCH Oktoberfest with Don Bitterlich Bratwurst, Spaetzle Sauerkraut German Dessert (Cost \$10)	27 Apricot Glazed Salmon Broccoli Wild Rice Cookie Milk
30 Grilled Ham & Cheese with Whole Grain Bread Minestrone Soup Peaches Milk	31 Sliced Roast Beef & Gravy Green Beans Mashed Potatoes Dinner Roll Milk			