

# October 2021 Program Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p><b>In-Person Tai Chi</b> Tuesdays at 10:00am \$3 fee per class</p>	<p><b>Oct. 22 at 1pm</b> Cooking Class with Chef Cindie: <i>It's Getting CHILI</i></p> 	 <p><b>In-Person Yoga</b> Oct. 19 &amp; 26 at 11:00am \$3 fee per class</p>	 <p><b>Sprinkle Kindness Like Confetti</b> <b>Happy Hour:</b> <b>Sprinkle Kindness with Patricia</b> October 8 at 2:30pm</p>	<p><b>1</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>10:30</b> Tech Assistance with Dave <b>11:00</b> Bingo <b>2:00pm</b> MCKSA Bong Sul</p>
<p><b>4</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>2:00pm</b> MCKSA Bong Sul <b>2:00pm</b> ShopRite Nutritionist Presentation: Hydration</p>	<p><b>5</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Tai Chi (\$3) <b>1:00pm</b> YoHa <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>6</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>11:00</b> Wii Bowling <b>12:45pm</b> Pinochle <b>2:00pm</b> Grief Support <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>7</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:30</b> Chess Club <b>10:30</b> YoHa <b>12:00pm</b> Mahjong <b>12:30pm</b> Help Yourself to Healthy Living: Dizziness and How You Minimize It <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>8</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>11:00</b> Bingo <b>12:30pm</b> MCKSA ESL <b>2:00pm</b> MCKSA Bong Sul <b>2:30pm</b> Special Happy Hour: Sprinkle Kindness with Patricia Gallagher</p>
<p><b>11</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>12</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Tai Chi (\$3) <b>10:30</b> Storytime with Josephine <b>1:00pm</b> YoHa <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>13</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>11:00</b> Wii Bowling <b>12:45pm</b> Pinochle <b>1:00pm</b> MCKSA ESL <b>2:00pm</b> Grief Support <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>14</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:30</b> Chess Club <b>10:30</b> YoHa <b>12:00pm</b> Mahjong <b>2:00pm</b> MCKSA Computer Lab <b>6:00pm</b> ZOOM Dinner Party</p>	<p><b>15</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>10:30</b> Tech Assistance with Dave <b>11:00</b> Bingo <b>12:30pm</b> MCKSA ESL <b>2:00pm</b> MCKSA Bong Sul</p>
<p><b>18</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>19</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Tai Chi (\$3) <b>10:30</b> These are a Few of My Favorite Things <b>11:00</b> Yoga (\$3) <b>1:00pm</b> YoHa <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>20</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>11:00</b> Wii Bowling <b>12:45pm</b> Pinochle <b>1:00pm</b> MCKSA ESL <b>2:00pm</b> Grief Support <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>21</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:30</b> Chess Club <b>10:30</b> YoHa <b>12:00pm</b> Mahjong <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>22</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>10:30</b> Tech Assistance with Dave <b>11:00</b> Bingo <b>12:30pm</b> MCKSA ESL <b>1:00pm</b> Cooking Class with Chef Cindie: "It's Getting Chil" <b>2:00pm</b> MCKSA Bong Sul <b>2:30pm</b> Happy Hour</p>
<p><b>25</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>26</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Tai Chi (\$3) <b>10:30</b> These are a Few of My Favorite Things <b>11:00</b> Yoga (\$3) <b>1:00pm</b> YoHa <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>27</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>11:00</b> Wii Bowling <b>12:45pm</b> Pinochle <b>1:00pm</b> MCKSA ESL <b>2:00pm</b> Grief Support <b>2:00pm</b> MCKSA Bong Sul</p>	<p><b>28</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>8:00</b> Computer Lab <b>10:30</b> Chess Club <b>10:30</b> YoHa <b>12:00pm</b> Mahjong <b>2:00pm</b> MCKSA Computer Lab</p>	<p><b>29</b></p> <p><b>8:00</b> Rummikub, Games and Puzzles <b>10:30</b> Tech Assistance with Dave <b>11:00</b> Bingo <b>12:30pm</b> MCKSA ESL <b>1:00pm</b> Not Your Typical Book Club <b>2:00pm</b> MCKSA Bong Sul</p>