

# THE PEAK CENTER Lunch Menu

# November 2022

Reserve your lunch by calling 215-362-7432

Lunch is served from 11:30am to 12:30pm

(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Chicken Parmesan Flat Italian Green Beans Cannolini Beans with Basil 1% Milk	2 Greek Turkey Burger with Mango & Corn Salsa Wild & Brown Rice Broccoli Fresh Fruit 1% Milk	3 Braised Chicken with Roasted Pepper Sauce over Creamy Parmesan Polenta Vegetable Confetti Italian Vegetables 1% Milk	4 Western Omelet Spiced Apples Breakfast Potatoes Bagel 1% Milk
7 Baked Macaroni & Cheese Stewed Tomatoes Green Beans 1% Milk	8 Chicken Alfredo Carrots Pears 1% Milk	9 Tex Mex Chicken Fiesta Rice Capri Vegetables 1% Milk	10 Pollock Florentine with Tomato Basil Couscous Carrots Brussel Sprouts 1% Milk	11 Thai Beef with Rice Pacific Vegetables Pot Sticker & Confetti Vegetables 1% Milk
14 Vegetable Cheese Omelet Breakfast Potatoes Turkey Sausage Bagel 1% Milk	15 Swedish Meatballs with Noodles Peas Applesauce 1% Milk	16 <b>SPECIAL LUNCH</b> <i>Entertainment by Mia Johnson</i> Turkey with Gravy Baked Ham Stuffing Mashed Potatoes Vegetable Du Jour Apple Pie	17 Southern Style Pangasius-Fish Black-eyed Peas Collard Greens 1% Milk	18 Pulled Pork BBQ Brown Rice Fruit Cobbler 1% Milk
21 Vegetable Lasagna Roasted Potatoes Italian Blend Vegetables 1% Milk	22 General Tso Chicken with Fried Rice Egg Roll Broccoli Sweet and Sour Sauce 1% Milk	23 Ham Steak with Pineapple Sweet Potatoes Green Beans 1% Milk	24 <b>CLOSED</b> <b>Holiday</b>	25 <b>CLOSED</b> <b>Holiday</b>
28 Crab Patty Parsley Potatoes Mixed Vegetables 1% Milk	29 Roast Pork with Sauerkraut & Apples Sweet Potatoes Peas 1% Milk	30 Chicken Fried Steak with Gravy Rice Pilaf Mixed Vegetables 1% Milk		