

# November 2021 Program & Lunch Calendar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> <b>9:15</b> Tai Chi (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bingo for Bucks <b>1:30pm</b> Art Class (\$3)	<b>2</b> <b>9:00-11:00</b> Haircuts (by Appointment only) <b>9:30</b> Group Trivia <b>10:30</b> These are a Few of My Favorite Things <b>11:30-12:15 LUNCH</b> CANCELLED - POLLING SITE TODAY <b>1:00pm</b> YoHa	<b>3</b> <b>9:15</b> Tai Chi (\$3) <b>9:30</b> Coloring for Calmness <b>10:30</b> Writer's Club <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Understanding Alzheimer's and Dementia <b>2:00pm</b> Grief Support <b>1:00pm</b> Medicare Info for 2022 by Ed Savitsky <b>5:45pm</b> Zumba Gold (\$3)	<b>4</b> <b>9:00</b> Wood Carving <b>10:30</b> YoHa <b>11:30-12:15</b> Grab and Go Lunch <b>12:30</b> Help Yourself to Healthy Living: Diabetes Update 2021 <b>1:00pm</b> Bridge <b>1:30pm</b> Tone & Balance (\$3)	<b>5</b> <b>9:00</b> Walking and Weights (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Movie Matinee: Brazil (1985)
<b>8</b> <b>9:15</b> Tai Chi (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bingo for Bucks <b>1:30pm</b> Art Class (\$3) <b>2:00pm</b> ShotRite Nutritionist Presentation: Diabetes 101	<b>9</b> <b>9:00-11:00</b> Haircuts (by Appointment only) <b>9:30</b> Group Trivia <b>10:30</b> Storytime with Josephine <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> YoHa <b>1:30pm</b> Zumba Gold (\$3)	<b>10</b> <b>9:15</b> Tai Chi (\$3) <b>9:30</b> Coloring for Calmness <b>10:30</b> Writer's Club <b>11:30-12:15</b> Grab and Go Lunch <b>2:00pm</b> Grief Support <b>5:45pm</b> Zumba Gold (\$3)	<b>11</b> <b>9:00</b> Wood Carving <b>10:30</b> YoHa <b>10:00</b> Tech Tutoring <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bridge <b>1:30pm</b> Tone & Balance (\$3)	<b>12</b> <b>9:00</b> Walking and Weights (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Movie Matinee: Zorba the Greek (1964) <b>1:00pm</b> "Make It & Take It" Thanksgiving Craft (\$10) <b>2:30pm</b> Happy Hour
<b>15</b> <b>9:15</b> Tai Chi (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bingo for Bucks <b>1:30pm</b> Art Class (\$3)	<b>16</b> <b>9:00-11:00</b> Haircuts (by Appointment only) <b>9:30</b> Group Trivia <b>10:30</b> These are a Few of My Favorite Things <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> YoHa <b>1:30pm</b> Zumba Gold (\$3)	<b>17</b> <b>9:15</b> Tai Chi (\$3) <b>9:30</b> Coloring for Calmness <b>10:30</b> Writer's Club <b>11:30-12:15</b> Grab and Go Lunch <b>2:00pm</b> Grief Support <b>5:45pm</b> Zumba Gold (\$3)	<b>18</b> <b>9:00</b> Wood Carving <b>10:30</b> YoHa <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bridge <b>1:00pm</b> "Cooking with Color" with Teri Wassel <b>1:30pm</b> Tone & Balance (\$3) <b>6:00pm</b> Zoom Dinner Party	<b>19</b> <b>8:30</b> Legal Consults (by Appointment Only) <b>9:00</b> Walking and Weights (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Cooking Class with Chef Cindie: "Thanksgiving's Ruby Fruit" <b>1:00pm</b> Movie Matinee: The Green Mile (1999)
<b>22</b> <b>9:15</b> Tai Chi (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bingo for Bucks <b>1:30pm</b> Art Class (\$3)	<b>23</b> <b>9:00-11:00</b> Haircuts (by Appointment only) <b>9:30</b> Group Trivia <b>10:30</b> These are a Few of My Favorite Things <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> YoHa <b>1:30pm</b> Zumba Gold (\$3)	<b>24</b> <b>9:15</b> Tai Chi (\$3) <b>9:30</b> Coloring for Calmness <b>10:30</b> Writer's Club <b>11:30-12:15</b> Grab and Go Lunch <b>2:00pm</b> Grief Support <b>5:45pm</b> Zumba Gold (\$3)	<b>25</b> <b>CLOSED</b> <b>In Observance of Thanksgiving</b> 	<b>26</b> <b>CLOSED</b> <b>In Observance of Thanksgiving</b> 
<b>29</b> <b>9:15</b> Tai Chi (\$3) <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> Bingo for Bucks <b>1:30pm</b> Art Class (\$3)	<b>30</b> <b>9:00-11:00</b> Haircuts (by Appointment only) <b>9:30</b> Group Trivia <b>10:30</b> These are a Few of My Favorite Things <b>11:30-12:15</b> Grab and Go Lunch <b>1:00pm</b> YoHa <b>1:30pm</b> Zumba Gold (\$3)	<b>Cooking with Color</b> <i>presented by Teri Wassel</i> <b>Nov. 18 @ 1pm</b> 	 <b>Make It &amp; Take It</b> <b>Thanksgiving Craft Activity</b> <b>Nov. 12 @ 1pm (\$10)</b>	<b>Nov. 19 at 1pm</b> <b>Cooking Class with Chef Cindie:</b> <b>"Thanksgiving Ruby Fruit"</b> 