

May 2023 Programs at Encore

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black. Virtual Classes are noted in green. Special programs/events are noted in Gold.** You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes and special events.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>9:15 Tai Chi (\$4) 12:00-1:00pm Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks</p>	<p>2</p> <p>9:00-10:20 Haircuts (by appointment only) 9:15 Walking with Weights (\$3) 9:30 Group Trivia 10:00 Stamp Club 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:00pm Truth About Sweeteners with Gina Ellery 1:30pm Zumba (\$3)</p>	<p>3</p> <p>8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 12:00-1:00pm Lunch 1:00pm Medicare Counseling (by appt.) 1:00pm YWCA Foster Grandparents Presentation</p>	<p>4</p> <p>8:00 Breakfast Club: Ralph's Corner Diner 9:00 Wood Carving 9:30 Stitch & Chat 10:00-11:00 Free Blood Pressure Screenings 11:00-12:00pm Help Yourself to Healthy Living: B.E.F.A.S.T. and Strike Out STROKE 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$3)</p>	<p>5</p> <p>10:00 Wii Sports or Jeopardy 12:00-1:30pm Special Lunch: Cinco de Mayo with DJ Neil Farber (\$8) 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$3)</p>
<p>8</p> <p>9:15 Tai Chi (\$4) 12:00-1:00pm Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks</p>	<p>9</p> <p>9:15 Walking with Weights (\$3) 9:30 Group Trivia 10:00 Storytime with Josephine 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$3)</p>	<p>10</p> <p>8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appointment only) 12:00-1:00pm Lunch 1:00pm Practical Matters: Helpful Steps to Selling Your Home</p>	<p>11</p> <p>9:00 Wood Carving 9:30 Stitch & Chat 11:00 Meditation with Lea 12:00-1:00pm Lunch 12:30pm Bridge 1:00pm Advisory Council 1:30pm Tone & Balance (\$3)</p>	<p>12</p> <p>10:00 Wii Sports or Jeopardy 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$3) 2:30pm Happy Hour</p>
<p>15</p> <p>9:15 Tai Chi (\$4) 12:00-1:00pm Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks</p>	<p>16</p> <p>9:00-10:20 Haircuts (by appointment only) 9:15 Walking with Weights (\$3) 9:30 Group Trivia VOTING DAY / POLLING CENTER — NO LUNCHES OR AFTERNOON CLASSES BEING HELD</p>	<p>17</p> <p>8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 12:00-1:00pm Lunch 1:00-2:00pm Staying Social: How To Do It Right! 5:30-6:15pm Night Zumba with Lysandra (Prepaid Fee)</p>	<p>18</p> <p>8:30-12:30pm AARP Driver Refresher Course (Fee) 9:00 Wood Carving 9:30 Legal Consultations (by appointment only) 9:30 Stitch & Chat 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$3) 4:15pm Encore Explorers: Dinner Outing to Bella Fiona Restaurant</p>	<p>19</p> <p>10:00 Wii Sports or Jeopardy 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$3)</p>
<p>22</p> <p>9:15 Tai Chi (\$4) 12:00-1:00pm Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks</p>	<p>23</p> <p>9:15 Walking with Weights (\$3) 9:30 Group Trivia 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$3)</p>	<p>24</p> <p>8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appointment only) 12:00-1:00pm Lunch 5:30-6:15pm Night Zumba with Lysandra (Prepaid Fee)</p>	<p>25</p> <p>9:00 Wood Carving 9:30 Stitch & Chat 10:00-2:00pm Social Services with Carol Costlow 11:00 Meditation with Lea 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$3)</p>	<p>26</p> <p>9:30 Veterans' Coffee Hour 10:00 Wii Sports or Jeopardy 12:00-1:00pm Lunch 1:00pm Happy? Ya! Ya! Crew: Games and Chit-Chat 1:30pm Stretch & Tone (\$3) 2:30pm Happy Hour</p>
<p>29</p> <p>CLOSED Memorial Day</p>	<p>30</p> <p>9:15 Walking with Weights (\$3) 9:30 Group Trivia 11:30am-1:30pm Cash for Gold 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$3)</p>	<p>31</p> <p>8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appointment only) 12:00-1:00pm Lunch 1:00-2:00pm Ice Cream Social with Arbour Square & Art Exhibit 5:30-6:15pm Night Zumba with Lysandra (Prepaid Fee)</p>	 <p>Night Zumba is Back! Starting May 17 from 5:30pm to 6:15pm Prepay by 5/16: \$30 for 6 weeks.</p>	