

# March 2023 Program Calendar

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black. Virtual Classes are noted in green. Special programs/events are noted in Gold.** You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes and special events.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				
		<b>8:00</b> Creative Coloring <b>1</b> <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>10:00</b> Wii Bowling <b>11:30-12:30</b> Lunch <b>12:45pm</b> Pinochle <b>2:00pm</b> Korean Bong Sul <b>3:30pm</b> Korean Drawing	<b>8:00</b> Creative Coloring <b>2</b> <b>8:00</b> Rummikub, Games and Puzzles <b>9:00</b> Yoga with Nadine (\$3) <b>10:00</b> Meditation with Nadine (\$3) <b>10:30</b> Chess Club <b>11:30-12:30</b> Lunch <b>1:30pm</b> Korean Line Dancing <b>3:30pm</b> ESL for Koreans	<b>8:00</b> Creative Coloring <b>3</b> <b>8:00</b> Rummikub, Games and Puzzles <b>9:30</b> PEAK Pinochle <b>11:30-12:30</b> Lunch <b>12:30pm</b> Bingo <b>1:00pm</b> Korean Kalimba <b>2:00pm</b> Korean Bong Sul <b>3:00pm</b> Korean Book Club
<b>6</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>11:30-12:30</b> Lunch <b>2:00pm</b> Korean Bong Sul	<b>7</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Tai Chi (\$3) <b>11:30-12:30</b> Lunch <b>1:00pm</b> Games <b>1:00pm</b> Korean Dance <b>3:30pm</b> Korean Smart Phone Class	<b>8</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>10:00</b> Wii Bowling <b>10:30</b> Special Bingo by Foster Parent <b>11:30-12:30</b> Lunch <b>12:45pm</b> Pinochle <b>2:00pm</b> Korean Bong Sul <b>3:30pm</b> Korean Drawing	<b>9</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:00</b> Yoga with Nadine (\$3) <b>10:00</b> Meditation with Nadine (\$3) <b>10:30</b> Chess Club <b>11:30-12:30</b> Lunch <b>1:30pm</b> Korean Line Dancing <b>3:30pm</b> ESL for Koreans	<b>10</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:30</b> PEAK Pinochle <b>11:00</b> Grief Support <b>11:30-12:30</b> Lunch <b>12:30pm</b> Bingo <b>1:00pm</b> Korean Kalimba <b>2:00pm</b> Korean Bong Sul <b>2:30pm</b> Happy Hour <b>3:00pm</b> Korean Book Club
<b>13</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>11:30-12:30</b> Lunch <b>12:30-1:30pm</b> Univest Planned Giving Seminar <b>2:00pm</b> Korean Bong Sul	<b>14</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Tai Chi (\$3) <b>10:00</b> Storytime with Josephine <b>11:30-12:30</b> Lunch <b>1:00pm</b> Games <b>1:00pm</b> Korean Dance <b>3:30pm</b> Korean Smart Phone Class	<b>15</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>10:00</b> Wii Bowling <b>11:30-12:30pm</b> Special Lunch (\$8) <b>12:45pm</b> Pinochle <b>2:00pm</b> Korean Bong Sul <b>3:30pm</b> Korean Drawing	<b>16</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:00</b> Yoga with Nadine (\$3) <b>10:00</b> Meditation with Nadine (\$3) <b>10:30</b> Chess Club <b>11:30-12:30</b> Lunch <b>1:30pm</b> Korean Line Dancing <b>3:30pm</b> ESL for Koreans	<b>17</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:30</b> PEAK Pinochle <b>11:30-12:30</b> Lunch <b>12:30pm</b> Bingo <b>1:00pm</b> Korean Kalimba <b>2:00pm</b> Korean Bong Sul <b>3:00pm</b> Korean Book Club
<b>20</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>11:30-12:30</b> Lunch <b>2:00pm</b> Korean Bong Sul	<b>21</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Tai Chi (\$3) <b>11:30-12:30</b> Lunch <b>1:00pm</b> Games <b>1:00pm</b> Korean Dance <b>3:30pm</b> Korean Smart Phone Class	<b>22</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>10:00</b> Wii Bowling <b>11:30-12:30</b> Lunch <b>12:45pm</b> Pinochle <b>2:00pm</b> Korean Bong Sul <b>3:00pm</b> Wedding Dance Exercises with Nadine <b>3:30pm</b> Korean Drawing	<b>23</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:00</b> Yoga with Nadine (\$3) <b>10:00</b> Meditation with Nadine (\$3) <b>10:30</b> Chess Club <b>11:30-12:30</b> Lunch <b>1:30pm</b> Korean Line Dancing <b>3:30pm</b> ESL for Koreans	<b>24</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:30</b> PEAK Pinochle <b>11:00</b> Grief Support <b>11:30-12:30</b> Lunch <b>12:30pm</b> Bingo <b>1:00pm</b> Korean Kalimba <b>2:00pm</b> Korean Bong Sul <b>2:30pm</b> Happy Hour <b>3:00pm</b> Korean Book Club
<b>27</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>11:30-12:30</b> Lunch <b>12:00pm</b> Book Club <b>12:30-1:30pm</b> Create Easter Baskets with Lillian <b>2:00pm</b> Korean Bong Sul	<b>28</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Tai Chi (\$3) <b>10:30-11:30am</b> The HERstory of Humanity <b>11:30-12:30</b> Lunch <b>12:00pm</b> Legal Consult. (by appt. only) <b>1:00pm</b> Games <b>1:00pm</b> Korean Dance <b>3:30pm</b> Korean Smart Phone Class	<b>29</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>10:00</b> Fit for the Future (\$3) <b>10:00</b> Medicare Counseling (by appt. only) <b>10:00</b> Wii Bowling <b>11:30-12:30</b> Lunch <b>12:45pm</b> Pinochle <b>1:00pm</b> Advisory Council <b>2:00pm</b> Korean Bong Sul <b>3:30pm</b> Korean Drawing	<b>30</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:00</b> Yoga with Nadine (\$3) <b>10:00</b> Meditation with Nadine (\$3) <b>10:30</b> Chess Club <b>11:30-12:30</b> Lunch <b>1:30pm</b> Korean Line Dancing <b>3:30pm</b> ESL for Koreans	<b>31</b> <b>8:00</b> Creative Coloring <b>8:00</b> Rummikub, Games and Puzzles <b>9:30</b> PEAK Pinochle <b>11:30-12:30</b> Lunch <b>12:30pm</b> Bingo <b>1:00pm</b> Korean Kalimba <b>2:00pm</b> Korean Bong Sul <b>3:00pm</b> Korean Book Club