

March 2023 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. (Menu is subject to change)

www.ghnpss.org		(Menu is Subject to Change)			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
SI.PATRIC DAY		1 Chicken Parmesan Penne Pasta with Olive Oil & Parsley Green Beans Roll 1% Milk	2 Baked Fish with Lemon Pepper and Orzo Steamed Carrots Broccoli 1% Milk	3 Crabby Patty Old Bay Potatoes Oregon Vegetable Blend Pudding 1% Milk	
Meat Loaf with Gravy Mashed Potatoes Green Beans 1% Milk	7 Manicotti with Crushed Tomatoes and Basil Broccoli Wax Beans 1% Milk	8 BBQ Pulled Pork and Brown Rice Mixed Vegetables Fruit Cobbler 1% Milk	9 PEAK Pizza Bar Tossed Salad Dressing Vegetable Blend 1% Milk	Roast Pork with White Beans and Spinach Cauliflower with Cheese Sauce Peaches 1% Milk	
Baked Macaroni and Cheese Stewed Tomatoes Green Beans 1% Milk	Sweet and Sour Chicken with Fried Rice Broccoli Egg Roll 1% Milk	15 SPECIAL LUNCH Roast Beef with Gravy Mashed Potatoes Mixed Vegetables Apple Pie 1% Milk	Chicken Tenders Baked Beans Fruit Cobbler Dipping Sauce and Baby Carrots 1% Milk	Happy St. Patrick's Day Corned Beef with Cabbage, Carrots and Potatoes Green Peas with Mint Corn Cob 1% Milk	
20 Salisbury Steak with Gravy Mashed Potatoes Green Peas 1% Milk	21 Tai Beef with Rice Pacific Vegetables Dumplings 1% Milk	Z2 Turkey Thyme Risotto with Mushrooms Brussel Sprouts Carrots 1% Milk	Sweet and Sour Turkey Meatballs with Confetti Vegetables Rice Broccoli 1% Milk	24 Chicken Pan Pie Green Beans Applesauce 1% Milk	
27 Vegetable Lasagna Carrots Roasted Potatoes 1% Milk	28 Pollock Florentine with Orzo Brussel Sprouts Carrots 1% Milk	29 Mini Waffles with Chicken Sausage Collard Greens Pears 1% Milk	30 Open Face Hot Turkey Sandwich with Gravy Mashed Potatoes Green Beans Bread and 1% Milk	31 Stuffed Shells with Tomato Sauce Steamed Carrots Asparagus 1% Milk	