

215-256-6900 www.ghnpss.org

March 2023 Lunch Menu

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. *(Menu is subject to change)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
HAPPY	DAY	1 French Dip Sweet Potato Fries 1% Milk	2 Grilled Salmon Citrus Salad Wild Rice 1% Milk	3 Pierogies with Onions and Mushrooms Green Salad 1% Milk	
6	7	8	9	10	
Grilled Cheese Tomato Soup Mandarin Oranges 1% Milk	Crab Cake with Lettuce and Tomato on Mixed Grain Bun Fresh Fruit 1% Milk	Meatloaf with Mushroom Gravy Mashed Potatoes Green Beans Roll, 1% Milk	Grilled Chicken Salad with Onions, Feta, Candied Pecans and Cranberries Roll, 1% Milk	Baked Haddock Roasted Tomatoes Mac and Cheese Sliced Peaches 1% Milk	
13	14	15	16	17	
Swedish Meatballs Steamed Broccoli Whole Grain Noodles 1% Milk	Pulled Pork Stuffed Sweet Potato Green Salad 1% Milk	Chicken Pot Pie Green Salad 1% Milk	Fish and Fries Cole Slaw 1% Milk	SPECIAL LUNCH Corned Beef Cabbage Potatoes Scone Slice 1% Milk	
20	21	22	23	24	
Open Face Tuna Melt on Rye Bread Vegetable Soup 1% Milk	Taco Salad Corn Chips Pineapple 1% Milk	Vegetable Chili with Corn Bread Topping Mixed Fruit 1% Milk	Pineapple Chicken Steamed Broccoli Brown Rice 1% Milk	Baked Eggplant Parmesan Green Salad Roll 1% Milk	
27	28	29	30	31	
French Dip Sweet Potato Fries 1% Milk	Pierogies with Onions and Mushrooms Green Salad 1% Milk	Grilled Chicken Caeser Salad Fruit Salad Roll 1% Milk	Sloppy Joe Sandwich Carolina Cole Slaw Mixed Fruit 1% Milk	Grilled Salmon Citrus Salad Wild Rice 1% Milk	
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Greater Harleysville & North Penn Senior Services

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