

June 2024 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.
(Menu is subject to change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Meatloaf with Gravy Mashed Potatoes Mixed Vegetables Milk 3	Sweet Italian Sausage Peppers & Onions Marinara Sauce Roasted Potatoes Steamed Peas Milk 4	Paprika Chicken Wild & Brown Rice Pilaf Peas & Carrots Poached Pear Milk 5	 June Birthday Celebration! Roast Beef Sandwich Carolina Coleslaw Fruit Salad Milk 6	Mini Pancakes Turkey Sausage Links Spinach Milk 7
Herb Chicken with Tomato-Basil Coulis Creamy Parmesan Polenta Broccoli Apple Crumble Milk 10	BBQ Chicken Wrap Black Bean Salsa Potato Salad Carolina Coleslaw Milk 11	Swedish Meatballs over Egg Noodles Peas Applesauce Milk 12	 Picnic at Fischer's Park (\$10) OR Lunch at PEAK Ham & Swiss Sandwich Macaroni Salad Poached Pears Milk 13	Roasted Tilapia with Lemon over Rice Capri Vegetable Blend Stewed Tomatoes Milk 14
Tortellini Primavera Salad Grilled Marinated Chicken Peaches Milk 17	Cheesy Stuffed Shells w/ Crushed Tomato Sauce Steamed Carrots Steamed Green Beans Milk 18	Member Appreciation Pizza Party brought to you by the PEAK Staff 19	Beef Stroganoff with Egg Noodles Mixed Vegetables Applesauce Milk 20	French Toast Sticks Scrambled Eggs w/ Cheese Peaches w/ Granola Milk 21
Asian Salad w/ Grilled Chicken Mandarin Oranges Milk 24	Pasta with Meatballs Peas Poached Pear Milk 25	Korean Style BBQ Beef Fried Rice Roasted Peppers and Onions Milk 26	Calypso Flounder with Jamaican Cabbage Steamed Carrots Brussel Sprouts Milk 27	Roasted Chicken w/ Beans and Sundried Tomatoes Quinoa Pilaf w/ Riced Vegetables Broccoli & Cheese Sauce Milk 28

