

June 2023 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. (Menu is subject to change)

www.ghnpss.org		(Mena is subject to change)			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			Veal Parmesan with Tomato Sauce & Parmesan Cheese Tortellini with Olive Oil and Parsley Italian Green Beans 1% Milk	2 Baked Macaroni & Cheese Green Beans Stewed Tomatoes 1% Milk	
5 Chicken Madras with Apples & Raisins Orzo with Peas Roasted Summer Squash 1% Milk	6 Turkey Thyme Risotto Brussel Sprouts Steamed Carrots 1% Milk	7 Swedish Meatballs over Egg Noodles Applesauce Peas 1% Milk	Chicken Alfredo Carrots Pears 1% Milk	Sweet Italian Sausage with Onions, Peppers & Marinara Sauce Green Peas Rosemary Potatoes 1% Milk	
12 General Tso Chicken with Fried Rice Broccoli Confetti Vegetables with Dumpling 1% Milk	13 Meatloaf with Gravy Mashed Potatoes Green Beans 1% Milk	SPECIAL 14 PICNIC LUNCH Turkey, Ham and Chicken Salad Hoagies, Potato Salad, Chips, Corn on the Cob, Tossed Salad, Ice Cream, Iced Tea & Lemonade	Vegetable Lasagna Roasted Potatoes Italian Blend Vegetables 1% Milk	Stuffed Shells Steamed Carrots Vegetable Blend 1% Milk	
Roast Pork with Sauerkraut & Apples Sweet Potatoes Mixed Vegetables 1% Milk	20 Bagel, Egg, Cheese and Turkey Sausage Sandwich Roasted Potatoes Apple Wedges Bagel 1% Milk	21 Chicken Marsala Wild & Brown Rice Broccoli Orange 1% Milk	Salisbury Steak with Gravy Mashed Potatoes Green Peas 1% Milk	23 Greek Styled Turkey Burger with Mango & Roasted Corn Salsa Wild & Brown Rice Broccoli 1% Milk	
26 Manicotti with Crushed Tomatoes & Basil Steamed Carrots Broccoli 1% Milk	27 Beef Stroganoff with Egg Noodles Peas & Carrots Applesauce 1% Milk	28 Chicken Cutlet with Lemon Butter Sauce Orzo with Peas Fresh Summer Squash 1% Milk	Crab Pasta Primavera Apple Crumble Steamed Carrots Chocolate Pudding 1% Milk	30 Vegetable Cheese Omelet Turkey Sausage Roasted Potatoes Bagel 1% Milk	