

215-362-7432

## June 2022 Program Calendar

Programs shown were scheduled at the time of printing. **In-Person classes are noted in black.** Virtual Classes are noted in green. Special programs/events are noted in Gold.

www.ghnpss.org	virtual Classes are noted in green. Special programs/events are noted in Gold.			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
June 6 & 7  AARP Driving Course  8am to 12pm	June 3 Coffee Outing at Backyard Beans 9:30am	8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30-12:30 Lunch 12:45pm Pinochle 2:00pm Grief Support 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:30 Chess Club 10:30 Integrated Exercise for Seniors 1:00pm Help Yourself to Healthy Living: Exercise your Mind 11:30-12:30 Lunch 2:00pm Korean Computer Lab	8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 9:30 Coffee Outing at Backyard Beans 11:30-12:30 Lunch 12:30 Bingo 2:00pm Korean Bong Sul
8:00 Rummikub, Games and Puzzles 8:00 AARP Driving Course (fee) 10:00 Fit for the Future (\$3) 11:30 Lunch 12:30pm Mindful Meditation 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 8:00 AARP Driving Course (fee) 10:00 Tai Chi (\$3) 10:30 The Gathering 11:00 Yoga (\$3) 11:30 Lunch 1:00pm Integrated Exercise for Seniors 1:00pm Korean Dance	8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30 Lunch 12:30 Pedestrian Safety 12:45pm Pinochle 1:30pm PEAK Tappers 2:00pm Grief Support 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:30 Chess Club 10:30 Integrated Exercise for Seniors 11:30 Lunch 2:00pm Korean Computer Lab	8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 11:30 Lunch 12:30 Bingo 2:00pm Korean Bong Sul 2:30pm Happy Hour
8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 11:30 Lunch 12:30pm Mindful Meditation 12:30pm Nutrition Mtg. 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 Storytime with Josephine 11:00 Yoga (\$3) 11:30 Lunch 1:00pm Integrated Exercise for Seniors 1:00pm Korean Dance	8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30 Lunch 12:30 Fire Safety 12:45pm Pinochle 2:00pm Grief Support 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:30 Chess Club 10:30 Integrated Exercise for Seniors 11:30 Lunch 1:00pm Summer Salads Presentation 2:00pm Korean Computer Lab	8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 11:30 Lunch 12:30 Bingo 1:00pm Cooking Class with Chef Cindie: National Seafood Month 2:00pm Korean Bong Sul
8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 11:30 Lunch 12:30pm Mindful Meditation 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 The Gathering 11:00 Yoga (\$3) 11:30 Lunch 1:00pm Integrated Exercise for Seniors 1:00pm Korean Dance	8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30 Lunch 12:45pm Pinochle 2:00pm Grief Support 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:30 Chess Club 10:30 Integrated Exercise for Seniors 11:30 Lunch 12:00pm Picnic at Fischer's Park 2:00pm Korean Computer Lab	8:00 Rummikub, Games and Puzzles 9:30 Tech Support with Susie 12:30 Bingo 11:30 Lunch 2:00pm Korean Bong Sul 2:30pm Happy Hour
8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 11:30 Lunch 12:00 Book Club 12:30pm Mindful Meditation 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:00 Tai Chi (\$3) 10:30 The Gathering 11:00 Yoga (\$3) 11:30 Lunch 12:00 Legal Consultations (by appt. only) 1:00pm Integrated Exercise for Seniors 1:00pm Korean Dance	8:00 Rummikub, Games and Puzzles 10:00 Fit for the Future (\$3) 10:00 Medicare Counseling (by appt. only) 10:00 Wii Bowling 11:30 Lunch 12:45pm Pinochle 2:00pm Grief Support 2:00pm Korean Bong Sul	8:00 Rummikub, Games and Puzzles 10:30 Chess Club 10:30 Integrated Exercise for Seniors 11:30 Lunch 2:00pm Korean Computer Lab	June 23 Picnic at Fischer's Park 12pm