

215-256-6900

www.ghnpss.org

July 2024 Lunch Menu

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. (*Menu is subject to change*)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pineapple Chicken Brown Rice Green Salad Fruit Cup Milk 1	Swedish Meatballs Egg Noodles Carrots Apple Sauce Whole Grain Roll Milk 2	Crab Cake on Whole Grain Bun Lettuce & Tomato Sweet Potato Fries Cole Slaw Milk 3	Closed Closed	for the
Roast Turkey with Pesto, Roasted Red Peppers, & Spinach on Whole Grain Roll Potato Chips Fruit Cup Milk 8	Spaghetti with Meatballs Green Salad Italian Bread & Butter Apple Sauce Milk 9	JULY BDAY LUNCH Roast Pork Mashed Potatoes Sauerkraut Milk	Chicken Salad Stuffed Tomato over Lettuce Whole Grain Crackers Cookie Milk 11	Baked Salmon with Citrus Sauce Long Grain Rice Broccoli Roll & Butter Milk 12
Taco Salad Corn Chips Pineapple Milk 15	Sweet & Tangy Chicken Breast Brown Rice Broccoli Milk 16	Tuna Salad on Rye w/ Cheddar Cheese, Lettuce, & Tomato Vegetable Soup Peaches Milk 17	Meatloaf Mushroom Gravy Mashed Potatoes Green Beans Whole Grain Roll & Butter Mandarins Milk 18	Potatoes & Cheese Perogies, with Caramelized Onions & Mushrooms Green Salad Cookie Milk 19
Sweet & Sour Pork Sliders Whole Grain Slider Buns Cole Slaw Fruit Cup Milk 22	Baked Haddock with Baked Macaroni & Cheese Vegetable Medley Apple Sauce Milk 23	French Dip Whole Grain Bun French Fries Green Salad Mandarins Milk 24	Chicken Tenders Potato Salad Vegetable Salad Cookie Milk 25	Shrimp Caesar Salad Roll & Butter Fresh Melon Salad Chocolate Pudding Milk 26
Pineapple Chicken Brown Rice Green Salad Fruit Cup Milk 29	Mandarin Grilled Chicken on Mixed Greens with Feta, Almonds, and Cranberries Chow Mein Noodles Chocolate Pudding Milk 30	Special Lunch \$8 BBQ Chicken Breast Cowboy Caviar (bean salad) Corn on the Cobb Biscuits Raisin Rice Pudding Milk 31		

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