

February 2023 Lunch Menu

Reserve your lunch by calling 215-362-7432. Lunch is served from 11:30am to 12:30pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4. *(Menu is subject to change)*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	AAPPY Sorbes By	1 Chicken Parmesan Penne Pasta with Olive Oil & Parsley Green Beans Roll 1% Milk	2 Baked Fish with Lemon Pepper and Orzo Steamed Carrots Broccoli 1% Milk	3 Crabby Patty Old Bay Potatoes Oregon Vegetable Blend Pudding 1% Milk
6 Manicotti with Crushed Tomatoes and Basil Broccoli Wax Beans 1% Milk	7 Roast Pork with Sauerkraut & Apples Sweet Potatoes Mixed Vegetables 1% Milk	8 Meat Loaf with Gravy Mashed Potatoes Green Beans 1% Milk	9 Baked Macaroni and Cheese Stewed Tomatoes Green Beans 1% Milk	10 Vegetable Cheese Omelet with Turkey Sausage Spiced Apples Potatoes Bagel 1% Milk
13 Turkey Thyme Risotto Brussel Sprouts Carrots 1% Milk	14 Crab Primavera Pasta Sweet Peas with Confetti Garnish Apples Chocolate Fudge Cookie 1% Milk	15 SPECIAL LUNCH Old Fashion Pork Chop in Gravy Mashed Potatoes Green Beans Pie 1% Milk	16 Beef Stroganoff with Egg Noodles Applesauce Peas 1% Milk	17 Tortellini with Red Sauce White Beans with Pesto Italian Mix Vegetables Pudding & 1% Milk
20 Tai Beef with Rice Pacific Vegetables Dumplings 1% Milk	21 Chicken Tenders Baked Beans Fruit Cobbler Dipping Sauce and Baby Carrots 1% Milk	22 Pollock Florentine with Tomato Basil Cous Cous Brussel Sprouts Carrots 1% Milk	23 Salisbury Steak with Gravy Mashed Potatoes Green Peas 1% Milk	24 Chicken and Broccoli Alfredo Carrots Pears 1% Milk
27 Vegetable Lasagna Carrots Roasted Potatoes 1% Milk	28 Chicken Pan Pie Applesauce Green Beans 1% Milk			

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Greater Harleysville & North Penn Senior Services