

215-256-6900

February 2023 Lunch Menu

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.

www.ghnpss.org		(Menu is subject to change)			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
Valentine's Day Special Lunch Februrary 14 12pm to 2pm Senior Dance with The Birches and Photo Booth		1 Sloppy Joe Sandwich Carolina Cole Slaw Mixed Fruit 1% Milk	French Dip Sweet Potato Fries 1% Milk	3 Grilled Salmon Citrus Salad Wild Rice 1% Milk	
6	7	8	9	10	
Grilled Chicken Salad with Onions, Feta, Candied Pecans and Cranberries Roll, 1% Milk	Meatloaf with Mushroom Gravy Mashed Potatoes Green Beans Roll, 1% Milk	Crab Cake with Lettuce and Tomato on Mixed Grain Bun Fresh Fruit 1% Milk	Grilled Cheese Tomato Soup Mandarin Oranges 1% Milk	Baked Haddock Roasted Tomatoes Mac and Cheese Sliced Peaches 1% Milk	
Pulled Pork Stuffed Sweet Potato Green Salad 1% Milk	14 SPECIAL LUNCH Chicken Parmesan Spaghetti with Garlic Bread Mixed Greens Chocolate Mousse 1% Milk	15 Fish and Fries Cole Slaw 1% Milk	Head of the street of the stre	BLT Quiche Green Salad Fresh Melon 1% Milk	
20	21	22	23	24	
Vegetable Chili with Corn Bread Topping Mixed Fruit 1% Milk	Baked Eggplant Parmesan Green Salad Roll 1% Milk	Pineapple Chicken Steamed Broccoli Brown Rice 1% Milk	Open Face Tuna Melt on Rye Bread Vegetable Soup 1% Milk	Taco Salad Corn Chips Pineapple 1% Milk	
27	28				
Sloppy Joe Sandwich Carolina Cole Slaw Mixed Fruit 1% Milk	Grilled Chicken Caesar Salad Fruit Salad Roll 1% Milk				