

# December 2023 Programs

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black. Hybrid Classes (in-person and virtual) are noted in blue.** Special programs/events are noted in Gold. You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes and special events.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	 <p><b>Hanukkah 12/7-15</b></p>	 <p><b>Christmas 12/25</b></p>	 <p><b>Kwanzaa 12/26 - 1/1</b></p>	<p><b>10:00</b> Wii Sports or Jeopardy <b>1</b>  <b>10:30</b> Diamond-Painted Ornaments (\$2)  <b>11:00-3:00pm</b> Shiatsu Massage Appt. (\$20)  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> The Happy? Ya! Ya! Crew  <b>1:30pm</b> Stretch &amp; Tone (\$4)</p>
<p><b>4</b></p> <p><b>9:15</b> Tai Chi (\$5)  <b>11:00-12:00pm</b> Creative Recycled Cards Craft  <b>12:00-1:00pm</b> Lunch  <b>1:30pm</b> Art Class (\$4)  <b>1:45pm</b> Bingo for Bucks</p>	<p><b>5</b></p> <p><b>9:00-10:20</b> Haircuts (by appt.) (\$10)  <b>9:15</b> Walking with Weights (\$4)  <b>9:30</b> Group Trivia  <b>10:00</b> Stamp Club  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Pinochle  <b>1:00pm</b> Mahjong  <b>1:30pm</b> Zumba (\$4)</p>	<p><b>6</b></p> <p><b>8:00</b> Chess  <b>9:15</b> Tai Chi (\$5)  <b>9:30</b> Coloring for Calmness  <b>10:00am-3:00pm</b> Christmas Bazaar featuring ...  <ul style="list-style-type: none"> <li>Cafe-style Luncheon (\$)</li> <li>Cash for Gold</li> <li>Senator Pennycuik's Office</li> <li>Crafts, games, raffles &amp; prizes</li> </ul> <b>11:00</b> Chair Yoga  <b>1:00pm</b> Rummikub  <b>1:00pm</b> Medicare Counseling (by appt. only)</p>	<p><b>7</b></p> <p><b>9:00</b> Wood Carving  <b>9:30</b> Stitch &amp; Chat  <b>10:00-10:45</b> Free Blood Pressure Screenings  <b>11:00-12:00</b> Help Yourself to Healthy Living: Have a Peaceful and "Less-Stress" Holiday Season!  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Bridge  <b>12:30pm</b> Skip-Bo  <b>1:30pm</b> Tone &amp; Balance (\$4)</p>	<p><b>8</b></p> <p><b>10:00</b> Wii Sports or Jeopardy  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> The Happy? Ya! Ya! Crew  <b>1:30pm</b> Stretch &amp; Tone (\$4)</p>
<p><b>11</b></p> <p><b>9:15</b> Tai Chi (\$5)  <b>11:00</b> Caring for the Caregiver Roundtable  <b>12:00-1:00pm</b> Lunch  <b>1:30pm</b> Art Class (\$4)  <b>1:45pm</b> Bingo for Bucks</p>	<p><b>12</b></p> <p><b>9:15</b> Walking with Weights (\$4)  <b>9:30</b> Group Trivia  <b>10:00</b> Storytime with Josephine (Online &amp; at PEAK)  <b>11:00</b> Arts &amp; Crafts with Tara - Snowmen and Elves  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Pinochle  <b>1:00pm</b> Mahjong  <b>1:30pm</b> Zumba (\$4)</p>	<p><b>13</b></p> <p><b>8:00</b> Chess  <b>9:15</b> Tai Chi (\$5)  <b>9:30</b> Coloring for Calmness  <b>10:30</b> Tech Tutoring with Ed (by appt.)  <b>10:30</b> Peter Wentz Farmstead: Life in 18th Century Pennsylvania  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> Rummikub  <b>4:00-6:00pm</b> Dinner Outing at Villa Vito: 10% off for Seniors</p>	<p><b>14</b></p> <p><b>9:00</b> Wood Carving  <b>9:30</b> Stitch &amp; Chat  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Bridge  <b>12:30pm</b> Skip-Bo  <b>1:00-2:00pm</b> PEAK Tappers and Brittany Pointe Steel Drums Show  <b>2:00pm</b> Tone &amp; Balance (\$4)</p>	<p><b>15</b></p> <p><b>10:00</b> Wii Sports or Jeopardy  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> The Happy? Ya! Ya! Crew  <b>1:30pm</b> Stretch &amp; Tone (\$4)</p>
<p><b>18</b></p> <p><b>9:15</b> Tai Chi (\$5)  <b>12:00-1:00pm</b> Lunch  <b>1:30pm</b> Art Class (\$4)  <b>1:45pm</b> Bingo for Bucks</p>	<p><b>19</b></p> <p><b>9:00-10:20</b> Haircuts (by appt.) (\$10)  <b>9:15</b> Walking with Weights (\$4)  <b>9:30</b> Group Trivia  <b>10:00-12:00</b> United Healthcare table  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Pinochle  <b>1:00pm</b> Mahjong  <b>1:30pm</b> Zumba (\$4)</p>	<p><b>20</b></p> <p><b>8:00</b> Chess  <b>9:15</b> Tai Chi (\$5)  <b>9:30</b> Coloring for Calmness  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> Rummikub  <b>1:00pm</b> LGBT Center of Greater Reading: A Conversation of Understanding</p>	<p><b>21</b></p> <p><b>9:00</b> Wood Carving  <b>9:30-10:30</b> Legal Consultations (by appt.)  <b>9:30</b> Stitch &amp; Chat  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Bridge  <b>12:30pm</b> Skip-Bo</p>	<p><b>22</b></p> <p><b>10:00</b> Wii Sports or Jeopardy  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> The Happy? Ya! Ya! Crew  <b>1:00pm</b> Holiday Sing-Along with Annie  <b>1:30pm</b> Stretch &amp; Tone (\$4)</p>
<p><b>CLOSED</b> <b>25</b></p> 	<p><b>26</b></p> <p><b>9:15</b> Walking with Weights (\$4)  <b>9:30</b> Group Trivia  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Pinochle  <b>1:00pm</b> Mahjong  <b>1:30pm</b> Stretch &amp; Tone (\$4)</p>	<p><b>27</b></p> <p><b>8:00</b> Chess  <b>9:30</b> Coloring for Calmness  <b>10:30</b> Tech Tutoring with Ed (by appt.)  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> Chair Bingo Exercise (\$4)</p>	<p><b>28</b></p> <p><b>9:00</b> Wood Carving  <b>9:30</b> Stitch &amp; Chat  <b>12:00-1:00pm</b> Lunch  <b>12:30pm</b> Bridge  <b>12:30pm</b> Skip-Bo</p>	<p><b>29</b></p> <p><b>9:30</b> Veterans' Coffee Catch-up  <b>10:00</b> Wii Sports or Jeopardy  <b>12:00-1:00pm</b> Lunch  <b>1:00pm</b> The Happy? Ya! Ya! Crew  <b>1:30pm</b> Stretch &amp; Tone (\$4)</p>