

215-256-6900 www.ghnpss.org

## **November 2023 Lunch Menu**

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.

(Menu is subject to change)

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| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |  |
|  | Special Lunch Magic by Stuart NOV. 3 12pm-1:30pm Cost: \$10, Veteran's Free | Sausage, Peppers &<br>Onion on Sub Roll<br>Pineapple<br>Potato Chips<br>Milk         | <b>2</b> Baked Haddock with Lemon/Wine Sauce Vegetable Medley Macaroni & Cheese Milk   | SPECIAL LUNCH: Magic by Stuart  Filet Mignon Mixed Green Salad Twice Baked Potato Vegetable Medley Fruit Pie  (\$10, Veteran's Free) |  |
| Meatball Parmesan Sub Fruit Salad Potato Salad Milk  | TELECTION DAY No Lunch VOTE ****  | Sweet & Tangy<br>Chicken Thighs<br>Broccoli<br>Brown Rice<br>Vanilla Pudding<br>Milk | <b>9</b> Turkey & Bean Chili Stuffed Sweet Potato with Cheddar Cheese Green Salad Milk | Mandarin Chicken Salad Mixed Greens with Almonds, Craisins & Chow Mein Noodles Dinner Roll Milk                                      |  |
| Cheeseburger with Lettuce, Tomato, & Onion on Multi-grain Bun Fruit Salad Baked Beans Milk | Roasted Pork & Sauerkraut Mashed Potatoes with Gravy Applesauce Milk        | Crab Cake Coleslaw Sweet Potato Fries Chocolate Pudding Milk                         | <b>16</b> Roasted Vegetable Flat Bread Pizza Green Salad Mandarin Oranges Milk         | <b>17</b> Chicken Ratatouille with Penne Wheat Dinner Roll Cookie Milk   |  |
| Baked Ziti<br>Green Salad<br>Dinner Roll<br>Applesauce<br>Milk                             | Ground Beef Stroganoff over Egg Noodles Carrots Dinner Roll Milk            | <b>22</b> Apricot Glazed Salmon Broccoli Wild Rice Cookie Milk                       | CLOSED HAPPY hanksgiving   | CLOSED   |  |
| Grilled Ham & Cheese with Whole Grain Bread Minestrone Soup Peaches Milk                   | Z8  Tuna-stuffed  Tomato  Four Bean Salad  Crackers  Milk                   | Sliced Roast Beef & Gravy Green Beans Mashed Potatoes Dinner Roll Milk               | 30<br>Sausage, Peppers &<br>Onion on Sub Roll<br>Pineapple<br>Potato Chips<br>Milk     |  |  |