

215-256-6900

Milk

September 2024 Lunch Menu

Reserve your lunch by calling 215-256-6900. Lunch is served from 12pm to 1pm in the dining room. There is a suggested donation of \$2 for lunch. Take-out lunches are \$4.

www.ghnpss.org	(Menu is subject to change)			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Closed for LABOR	Roast Turkey with Pesto Roasted Red Peppers & Spinach on Whole Grain Roll Potato Chips Fruit Cup Milk 3	Spaghetti with Meatballs Green Salad Italian Bread & Butter Apple Sauce Milk	Roast Pork Mashed Potatoes Sauerkraut Milk	COLD MEAL Chicken Salad Stuffed Tomato over Lettuce Whole Grain Crackers Cookie Milk 6
COLD MEAL Ground Beef Taco Salad Corn Chips Pineapple Milk	Potatoes & Cheese Perogies with Carmelized Onions & Mushrooms Green Salad Cookie Milk 10	COLD MEAL Tuna Salad on Rye Cheddar Cheese Lettuce Tomato Vegetable Soup Peaches Milk 11	Meatloaf Mushroom Gravy Mashed Potatoes Green Beans Whole Grain Roll & Butter Mandarin Oranges Milk 12	Sweet & Tangy Chicken Breast Brown Rice Broccoli Milk
Sweet & Sour Pork Sliders Whole Grain Slider Buns Cole Slaw Fruit Cup Milk 16	COLD MEAL Shrimp Caesar Salad Roll & Butter Fresh Melon Salad Chocolate Pudding Milk 17	Chicken Tenders Potato Salad Vegetable Salad Cookie Milk	SPECIAL LUNCH Stuffed Flounder Florentine Rice Pilaf Vegetable Medley Roll & Butter Apple Crisp Milk 19	Roast Beef French Dip Whole Grain Bun French Fries Green Salad Mandarin Oranges Milk
Pineapple Chicken Brown Rice Green Salad Fruit Cup Milk	Rotelle Pasta w/Sauce Vegetables & Cheese Mandarin Oranges Whole Grain Roll Milk	BIRTHDAY LUNCH Crab Cake on Whole Grain Bun Lettuce & Tomato Sweet Potato Fries Cole Slaw Milk 25	Swedish Meatballs Egg Noodles Carrots Apple Sauce Whole Grain Roll Milk 26	COLD MEAL Mandarin Grilled Chicken Mixed Greens w/ Feta, Almonds & Cranberries Chow Mein Noodles Chocolate Pudding Milk 27
Roast Turkey with Pesto Roasted Red Peppers & Spinach on Whole Grain Roll Potato Chips Fruit Cup				