

March 2024 Programs

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black. Hybrid Classes (in-person and virtual) are noted in blue. Special programs/events are noted in Gold.** You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes and special events.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Join us on March 14th! Celebrate St. Patrick's Day with a Special Lunch by Chef Trish and music by Accordianist Don Bitterlich (\$10)</p>		 <p>We Can Do It! Celebrate Women's History Month!</p>		<p>9:30 Caregiver's Coffee Catch-up 1 10:00 Wii Sports or Jeopardy 10:00 Tai Chi for Arthritis 11:00-2:00pm Shiatsu Massage by appointment (\$20) 12:00-1:00pm Lunch 1:00pm The Happy? Ya! Ya! Crew: Wear Blue - Fighting Cancer 1:30pm Stretch & Tone (\$4)</p>
<p>4</p> <p>9:15 Tai Chi (\$5) 9:00 Breakfast Outing: Ralph's Corner Diner 12:00-1:00pm Lunch 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks</p>	<p>5</p> <p>9:15 Walking with Weights (\$4) 9:30 Group Trivia 10:00 Stamp Club 10:30 Scrabble 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)</p>	<p>6</p> <p>8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appt.) 11:00 Chair Yoga (\$4) 12:00-1:00pm Lunch 1:00pm Rummikub 12:30pm Faith Community Fair: Ice Cream Social 1:00pm Medicare Counseling (by appt.)</p>	<p>7</p> <p>9:00 Wood Carving 9:30 Stitch & Chat 9:30-10:45 Free Blood Pressure Screenings 11:00-12:00 Help Yourself to Healthy Living: "Healthy food makes you feel good!" 12:00-1:00pm Lunch 12:30pm Bridge 1:00pm Skip-Bo 1:30pm Tone & Balance (\$4)</p>	<p>8</p> <p>10:00 Wii Sports or Jeopardy 10:00 Tai Chi for Arthritis 11:00 PA State Rep. Donna Scheuren Resource Hour 12:00-1:00pm Lunch 1:00pm The Happy? Ya! Ya! Crew: National Peanut Cluster Day 1:30pm Stretch & Tone (\$4)</p>
<p>11</p> <p>9:15 Tai Chi (\$5) 12:00-1:00pm Lunch 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks</p>	<p>12</p> <p>9:15 Walking with Weights (\$4) 9:30 Group Trivia 10:00 Storytime with Josephine (Online & at PEAK) 10:30 Scrabble 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)</p>	<p>13</p> <p>8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 10:30-12:00 Cash for Gold! 10:30 Tech Tutoring with Ed (by appt.) 12:00-1:00pm Lunch 1:00pm Rummikub 1:00pm Safecracking: Tales and Tips for Seniors</p>	<p>14</p> <p>9:00 Wood Carving 9:30 Stitch & Chat 11:00 Prayer Care (NEW TIME!) 12:00-1:30pm St. Paddy's Day Special Lunch with Accordianist Don Bitterlich (\$10) 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)</p>	<p>15</p> <p>10:00 Wii Sports or Jeopardy 10:00 Tai Chi for Arthritis 12:00-1:00pm Lunch 1:00pm The Happy? Ya! Ya! Crew: National "Shoe the World" Day Collection 1:30pm Stretch & Tone (\$4)</p>
<p>18</p> <p>9:15 Tai Chi (\$5) 12:00-1:00pm Lunch 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks</p>	<p>19</p> <p>9:15 Walking with Weights (\$4) 9:30 Group Trivia 10:30 Scrabble 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)</p>	<p>20</p> <p>8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appt.) 10:30 Retrospective Roundtable: "Women Directors of Encore" 12:00-1:00pm Lunch 1:00pm Rummikub</p>	<p>21</p> <p>9:00 Wood Carving 9:30 Stitch & Chat 12:00-1:00pm Lunch 12:30pm Advisory Council 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)</p>	<p>22</p> <p>9:30 Veteran's Coffee Catch-up 10:00 Tai Chi for Arthritis 10:00 Wii Sports or Jeopardy 12:00-1:00pm Lunch 1:00pm AdvocacyWorx: Free Self-Advocacy Training 1:00pm The Happy? Ya! Ya! Crew: National Goof Off Day 1:30pm Stretch & Tone (\$4)</p>
<p>25</p> <p>9:15 Tai Chi (\$5) 12:00-1:00pm Lunch 12:30pm The Cupcake Walk 1:30pm Art Class (\$4) 1:45pm Bingo for Bucks</p>	<p>26</p> <p>9:15 Walking with Weights (\$4) 9:30 Group Trivia 10:00-2:00 Carol Costlow - Social Services Resources 10:30 Scrabble 12:00-1:00pm Lunch 12:30pm Pinochle 1:00pm Mahjong 1:30pm Zumba (\$4)</p>	<p>27</p> <p>8:00 Chess 9:15 Tai Chi (\$5) 9:30 Coloring for Calmness 10:30 Italian Wedding Soup with Teri Wassel 10:30 Tech Tutoring with Ed (by appt.) 12:00-1:00pm Lunch 1:00pm Rummikub 1:00pm Brain Aerobics with Neely (\$4)</p>	<p>28</p> <p>9:00 Wood Carving 9:30 Stitch & Chat 11:00 Prayer Care (NEW TIME!) 12:00-1:00pm Lunch 12:30pm Bridge 12:30pm Skip-Bo 1:30pm Tone & Balance (\$4)</p>	<p>29</p> <p>CLOSED GOOD FRIDAY</p>