

GHN PSS

Grab and Go Menu

December 2020

Reserve your lunch by calling 215-256-6900.

Reservations are required and must be placed by 12 Noon on the Friday of the previous week. Lunch pick-up at **Encore Experiences** Monday - Friday from 11:30am to 12:30pm under the portico.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Grilled Cheese Tomato Soup Mixed Vegetables Apple 1% Milk	2 Sausage with Peppers and Onions Roasted Potatoes Snap Peas Apple 1% Milk	3 Italian Chicken Stew Vegetables Roll and Butter Peaches 1% Milk	4 Baked Haddock with White Wine Tomato Sauce Garden Rice Green Beans Roll and Butter Mixed Fruit, 1% Milk
7 Pierogies with Mushrooms and Onions Corn, Apple Roll and Butter 1% Milk	8 Pineapple Chicken Brown Rice Broccoli Roll and Butter Mandarin Oranges 1% Milk	9 Asian Pork Loin Herb Rice, Corn Roll and Butter Mandarin Oranges 1% Milk	10 Paprika Chicken Green Beans Herb Rice Roll and Butter Mixed Fruit 1% Milk	11 Grilled Salmon Spanish Rice Snap Peas Roll and Butter Mixed Fruit 1% Milk
14 Chicken Parmesan Mixed Vegetables Roll and Butter Mandarin Oranges 1% Milk	15 Grilled Chicken Salad with Balsamic Dressing, Feta Cheese, Cranberries and Pecans Roll and Butter 1% Milk	16 Low Carb Beef Stew Roll and Butter Peaches 1% Milk	17 Baked Haddock with Tomato Compote Wild Rice Mixed Fruit Roll and Butter 1% Milk	18 Meatloaf with Mushroom Gravy Garlic Mashed Potatoes, Green Beans, Apple Roll and Butter 1% Milk
21 Eggplant Parmesan Mixed Vegetables Roll and Butter Mandarin Oranges 1% Milk	22 Ground Beef Stroganoff Mixed Vegetables Roll and Butter Peaches 1% Milk	23 Chicken Marsala Wild Rice Broccoli Roll and Butter Peaches 1% Milk	24 CLOSED	25 CLOSED Christmas
28 Pulled Pork Brown Rice Bean Trio Roll and Butter Apple 1% Milk	29 Grilled Cheese Tomato Soup Mixed Vegetables Apple 1% Milk	30 Sausage with Peppers and Onions Roasted Potatoes Snap Peas Apple 1% Milk	31 CLOSED	<i>Senior Lunches Sponsor</i>  <i>Vickie</i> LANDIS RENTSEL TEAM NextKeyMove.com