

August 2022 Program Calendar

Programs shown were scheduled at the time of printing and subject to change. **In-Person classes are noted in black.** **Virtual Classes are noted in green.** **Special programs/events are noted in Gold.** You must make an appointment where indicated on the calendar and register for lunches as well as virtual classes and special events.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 9:15 Tai Chi (\$4) 12:00-1:00pm Indoor Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks	2 9:00-10:20 Haircuts (by appointment only) 9:15 Walking with Weights (\$3) 9:30 Group Trivia 10:00 Stamp Club 10:30 The Gathering 12:00-1:00pm Indoor Lunch 1:30pm Tone & Balance (\$3)	3 8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 12:00-1:00pm Indoor Lunch 2:00pm Grief Support	4 9:00 Wood Carving 9:30 Stitch & Chat 10:00 Blood Pressure Screenings 12:00-1:00pm Indoor Lunch 12:30pm Help Yourself to Healthy Living: Vax Up! 1:30pm Tone & Balance (\$3) Center Closing Early at 2:30pm	5 10:00 Wii Bowling 12:00-1:00pm Indoor Lunch 1:00pm Movie Matinee 1:30pm Michael Jesberger Lecture, "Washington's Assault on Philadelphia - The Battle of Germantown on October 4, 1777"
8 9:15 Tai Chi (\$4) 12:00-1:00pm Indoor Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks	9 9:15 Walking with Weights (\$3) 9:30 Group Trivia 10:30 Storytime with Josephine 12:00-1:00pm Indoor Lunch 1:30pm Tone & Balance (\$3)	10 8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appointment only) 12:00-1:00pm Indoor Lunch 1:00-2:30pm Medicare Counseling (by appt.) 2:00pm Grief Support	11 9:00 Wood Carving 9:30 Stitch & Chat 12:00-1:00pm Indoor Lunch 1:00pm Bridge 1:30pm Tone & Balance (\$3)	12 10:00 Wii Bowling 12:00-1:00pm Indoor Lunch 1:00pm Movie Matinee 2:30pm Happy Hour
15 9:15 Tai Chi (\$4) 12:00-1:00pm Indoor Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks	16 9:00-10:20 Haircuts (by appointment only) 9:15 Walking with Weights (\$3) 9:30 Group Trivia 10:30 The Gathering 12:00-1:00pm Indoor Lunch 1:30pm Tone & Balance (\$3) 1:30pm Ron Schaffer - The Magic of Growing Old	17 8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 12:00-1:00pm Indoor Lunch 2:00pm Grief Support	18 9:00 Wood Carving 9:30 Stitch & Chat 9:30 Legal Consultations (by appointment) 12:00-1:00pm Indoor Lunch 1:00pm Bridge 1:30pm Tone & Balance (\$3)	19 10:00 Wii Bowling 12:00-1:00pm Indoor Lunch 1:00pm Cooking Class with Chef Cindie: National Potato Day 1:00pm Movie Matinee
22 9:15 Tai Chi (\$4) 12:00-1:00pm Indoor Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks	23 9:15 Walking with Weights (\$3) 9:30 Group Trivia 10:30 The Gathering 12:00-1:00pm Indoor Lunch 1:30pm Tone & Balance (\$3)	24 8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 10:30 Tech Tutoring with Ed (by appointment only) 12:00-1:00pm Indoor Lunch 2:00pm Grief Support	25 9:00 Wood Carving 9:30 Stitch & Chat 12:00-1:00pm Indoor Lunch 1:00pm Bridge 1:30pm Tone & Balance (\$3)	26 10:00 Wii Bowling 12:00-1:00pm Indoor Lunch 1:00pm Movie Matinee 2:30pm Happy Hour
29 9:15 Tai Chi (\$4) 12:00-1:00pm Indoor Lunch 1:30pm Art Class (\$3) 1:45pm Bingo for Bucks	30 9:30 Group Trivia 10:30 The Gathering 12:00-1:30pm Special Lunch with Entertainment by PEAK's Korean Dancers 1:30pm Tone & Balance (\$3)	31 8:00 Chess 9:15 Tai Chi (\$4) 9:30 Coloring for Calmness 12:00-1:00pm Indoor Lunch 2:00pm Grief Support	 Friday August 5 The Battle of Germantown Lecture 1:30pm	 Tuesday August 16 The Magic of Growing Old 1:30pm