

# OCTOBER 2018 | Menu for **Encore** and **PEAK**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> Chicken Marsala Wild Rice Broccoli Milk	<b>2</b> Veggie Chili Cheddar Cornbread Yogurt & Fruit Parfait Milk	<b>3</b> Fish and Chips Cole Slaw Milk	<b>4</b> Meatball Sub Sweet Potato Bites Mixed Fruit Milk	<b>5</b> Taco Salad with Corn Chips Pineapple Milk
<b>8</b> Sloppy Joe Carolina Slaw Mixed Fruit Milk	<b>9</b> Shrimp Pad Thai Salad Asian Cucumber Salad Milk	<b>10</b> Grilled Chicken Salad with Spinach, Pecans and Feta Cheese Roll Milk	<b>11</b> Sausage with Peppers and Onions Roasted Potatoes Mixed Fruit Milk	<b>12</b> Eggplant Parmesan Roll Green Salad Milk
<b>15</b> Grilled Cheese Tomato Soup Mandarin Oranges Milk	<b>16</b> Individual Shepard's Pie Roll Mixed Fruit Milk	<b>17</b> Grilled Salmon Wild Rice Citrus Salad Milk	<b>18</b> Chicken Salad Wrap Lettuce & Tomato on the Side Milk	<b>19</b> Tacos (Beef or Bean) Black Bean Soup Spanish Rice Milk
<b>22</b> Pierogies with Mushrooms and Onions Green Salad Milk	<b>23</b> Baked Haddock Roasted Tomatoes Mac and Cheese Sliced Peaches Milk	<b>Encore 24</b> Special Lunch "International Foods" <b>PEAK</b> Grilled Chicken Caesar Salad, Roll Quinoa and, Lentil Salad, Milk	<b>25</b> French Dip Sandwich French Fries Horseradish Mixed Fruit Milk	<b>26</b> BBQ Pulled Pork Wild Rice Three Bean Salad Milk
<b>29</b> Meatball Sub Sweet Potato Bites Mixed Fruit Milk	<b>30</b> Chicken Marsala Wild Rice Broccoli Milk	<b>Encore 31</b> Tacos (Beef or Bean) Black Bean Soup Spanish Rice Milk <b>PEAK</b> Special Lunch		