

PEAK Menu | February 2020

* Meals may be substituted due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Marsala Wild Rice, Broccoli Sliced Peaches Roll & Milk	4 Baked Ziti Roasted Vegetables Mixed Fruit Roll & Milk	5 Chick Pea Curry Brown Rice Sliced Peaches Roll & Milk	6 Fish & Chips Fries, Cole Slaw Apple Roll & Milk	7 Asian Pork Loin Herb Rice, Corn Mandarin Orange Roll & Milk
10 Pineapple Chicken Brown Rice, Broccoli Mandarin Oranges Roll & Milk	11 Sausage with Pepper & Onions Roasted Potatoes, Snap Peas, Apple Milk	12 Grilled Cheese Tomato Soup Mixed Vegetables Apple Roll & Milk	13 Baked Haddock with Tomato Sauce Garden Rice Green Beans Mixed Fruit Roll & Milk	14 Special Lunch Valentine's Day Sonny Sings Sinatra
17 Low Carb Beef Stew Vegetables Peaches Roll & Milk	18 Chicken Parmesan Mixed Vegetables Mandarin Oranges Roll & Milk	19 Pierogies with Onions & Mushrooms Corn, Apple Roll & Milk	20 Grilled Salmon Spanish Rice Snap Peas, Mixed Fruit Roll & Milk	21 Paprika Chicken Green Beans Herb Rice, Mixed Fruit Roll & Milk
24 Meatloaf with Mushroom Gravy Mashed Potatoes Green Beans Apple Roll & Milk	25 Eggplant Parmesan Mixed Vegetables Mandarin Oranges Roll & Milk	26 Baked Haddock with Tomato Compote Wild Rice Mixed Fruit Roll & Milk	27 Pulled Pork Brown Rice Three Bean Salad Apple Roll & Milk	28 Ground Beef Stroganoff Mixed Vegetables Sliced Peaches Roll & Milk