

For office use only:

Application Number: _____

COMMONWEALTH OF PENNSYLVANIA
DEPARTMENT OF AGRICULTURE
SENIOR FARMERS' MARKET NUTRITION PROGRAM

2020 Application Form

To qualify you must be 60 or older (or turn 60 by 12/31/2020) and meet the household income guidelines.

RIGHTS AND RESPONSIBILITIES

I certify that the information I have provided below for my eligibility determination is correct, to the best of my knowledge. This certification form is being submitted in connection with the receipt of Federal assistance. Program officials may verify information on this form. I understand that intentionally making a false or misleading statement or intentionally misrepresenting, concealing, or withholding facts may result in paying the State agency, in cash, the value of the food benefits improperly issued to me and may subject me to civil or criminal prosecution under State and Federal law.

Standards for eligibility and participation in the SFMNP are the same for everyone, regardless of race, color, national origin, age, disability, or sex.

I understand that I may appeal any decision made by the local agency regarding my eligibility for the SFMNP.

By signing this, I acknowledge that my total household income is within the Income guidelines: \$23,606 for 1 person in the household; or \$31,894 for 2 people in the household and that I am 60 years old or older (or will turn 60 by December 31, 2020).

1st Participant Name (print): _____ Birth date _____
(Person checks are for)

(Signature)

2nd Participant Name (print): _____ Birth Date _____
(Person checks are for)

(Signature)

Address (print): _____

Telephone Number: _____ County you live in _____

Please check the most appropriate identifier for each:

- Ethnicity:** Hispanic or Latino Not Hispanic or Latino
- Race:** American Indian or Alaskan Native Asian Black or African American
- Native Hawaiian or other Pacific Islander White

If more responses are received than funding allows you will be notified by mail.

Please mail or email your completed form before September 30, 2020 to:

THE PEAK CENTER- FARMERS' MARKET VOUCHER PROGRAM
606 E. MAIN ST. SUITE 1003
LANSDALE, PA 19446

OR EMAIL:

CCOSTLOW@GHPSS.ORG

This institution is an equal opportunity provider.

FMNP and SFMNP Basic Rules and Regulations

- FMNP checks cannot be used before June 1, 2020 or after November 30, 2020.
- FMNP customers may buy only the fruits and vegetables grown in Pennsylvania
- Recipients must sign in the “Signature Recipient or Proxy” block on the front of the checks. Do this before going to the market.
- At the market look for stands displaying the white Farmers Market Nutrition Program poster.
- Each check is worth \$6. Farmers are not permitted to give change for purchases for less than \$6.
- Program recipients may place orders online with FMNP approved farmer; however, you must pay with your paper FMNP checks. A proxy may go to markets to make the purchase for you.

Market information

To find a farmer’s market or farm stand with eligible farmers please download the PA FMNP app (available in the Google Play store and the Apple Store for free). Search for PA FMNP farmers market locator and download the app, or go to www.pafmnp.org to search our online farmers market and farm stand database. You can also call Montco Hunger Solutions at 610-628-2400.

For markets with phone numbers please contact for changes to operating hours before visiting.

**** Note:** Program recipients are encouraged to practice social distancing and wear masks at markets and stands.

List of eligible fruit and vegetables

Fruit

Apples	Berries	Grapes	Melons	Pears
Apricots	Cherries	Nectarines	Plums	Peaches

Vegetables

Artichokes	Cauliflower	Leeks	Parsnips	Tomatoes
Asparagus	Celery	Lettuce	Onions	Turnips
Beans (fresh)	Corn	Mushrooms	Radishes	Winter
Beets	Cucumbers	Peppers	Rhubarb	Squash
Broccoli	Eggplant	Potatoes	Rutabagas	Yams grown in PA
Brussels sprouts	Greens	Peas	Spinach	Zucchini
Cabbage	Kohlrabi	Okra	Sweet Potatoes	

No actual plants are permitted for purchase only the mature fruit and/or vegetable is allowable for purchase with the FMNP checks.

Fresh cut herbs are allowed if they are used for cooking or flavoring

- Processed food is not allowed for purchase with FMNP Checks. Jack-o-lanterns are not allowable
- Citrus or tropical fruits are not allowed for purchase with FMNP checks.

Nutrition Education

Nutrition information on basic nutrition, shopping, cooking and food safety can be found at www.nutrition.gov. The website also contains many different recipes.

To find out if you qualify for other **free food** visit www.MontcoHunger.Solutions or call **610-628-2400**