



SAVE THE DATE!

**March 21, 2018
9:00am-3:30pm**



**Healthy Steps for Older Adults:
A Program to Prevent Falls
(A fun day of learning how to prevent
falls and stay active)**



**A FREE, evidence-based workshop for all seniors offered
at the PEAK Center**

**Call our office for more information
and to sign up 215-362-7432**

