

# GHNPS

## Grab and Go Menu

# November 2020

Reserve your lunch by calling 215-256-6900.

Reservations are required and must be placed by 12 Noon on the Friday of the previous week. Lunch pick-up at **Encore Experiences** Monday - Friday from 11:30am to 12:30pm under the portico.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p><b>2</b></p> <p>Pulled Pork Brown Rice Bean Trio Roll and Butter Apple 1% Milk</p>	<p><b>3</b></p> <p>Grilled Cheese Tomato Soup Mixed Vegetables Apple 1% Milk</p>	<p><b>4</b></p> <p>Sausage with Peppers and Onions Roasted Potatoes Snap Peas Apple 1% Milk</p>	<p><b>5</b></p> <p>Italian Chicken Stew Vegetables Roll and Butter Peaches 1% Milk</p>	<p><b>6</b></p> <p>Baked Haddock with White Wine Tomato Sauce Garden Rice Green Beans Roll and Butter Mixed Fruit, 1% Milk</p>	
<p><b>9</b></p> <p>Pierogies with Mushrooms and Onions Corn, Apple Roll and Butter 1% Milk</p>	<p><b>10</b></p> <p>Pineapple Chicken Brown Rice Broccoli Roll and Butter Mandarin Oranges 1% Milk</p>	<p><b>11</b></p> <p>Asian Pork Loin Herb Rice, Corn Roll and Butter Mandarin Oranges 1% Milk</p>	<p><b>12</b></p> <p>Paprika Chicken Green Beans Herb Rice Roll and Butter Mixed Fruit 1% Milk</p>	<p><b>13</b></p> <p>Grilled Salmon Spanish Rice Snap Peas Roll and Butter Mixed Fruit 1% Milk</p>	
<p><b>16</b></p> <p>Chicken Parmesan Mixed Vegetables Roll and Butter Mandarin Oranges 1% Milk</p>	<p><b>17</b></p> <p>Grilled Chicken Salad with Balsamic Dressing, Feta Cheese, Cranberries and Pecans Roll and Butter 1% Milk</p>	<p><b>18</b></p> <p>Low Carb Beef Stew Roll and Butter Peaches 1% Milk</p>	<p><b>19</b></p> <p>Baked Haddock with Tomato Compote Wild Rice Mixed Fruit Roll and Butter 1% Milk</p>	<p><b>20</b></p> <p>Meatloaf with Mushroom Gravy Garlic Mashed Potatoes, Green Beans, Apple Roll and Butter 1% Milk</p>	
<p><b>23</b></p> <p>Eggplant Parmesan Mixed Vegetables Roll and Butter Mandarin Oranges 1% Milk</p>	<p><b>24</b></p> <p>Ground Beef Stroganoff Mixed Vegetables Roll and Butter Peaches 1% Milk</p>	<p><b>25</b></p> <p>Chicken Marsala Wild Rice Broccoli Roll and Butter Peaches 1% Milk</p>	<p><b>26</b></p> <p><b>CLOSED</b> <b>Thanksgiving</b></p>	<p><b>27</b></p> <p><b>CLOSED</b> <b>Good Friday</b></p>	
<p><b>30</b></p> <p>Pulled Pork Brown Rice Bean Trio Roll and Butter Apple 1% Milk</p>					<p><b>Grab and Go Lunch Sponsor</b></p>  <p>Your Community Bank<sup>®</sup></p> <p><a href="http://qnb.com">qnb.com</a></p>