

June 2019 | Menu for **Encore** and **PEAK**

Monday	Tuesday	Wednesday	Thursday	Friday
3 Grilled Chicken with Spinach, Pecans and Feta Cheese Roll 1% Milk	4 Ground Beef Stroganoff Roll 1% Milk	5 Sloppy Joe Carolina Slaw Watermelon 1% Milk	6 Chick Pea Curry Brown Rice Mandarin Oranges 1% Milk	7 Fish and Chips Cole Slaw 1% Milk
10 Beef Stew Roll Green Salad 1% Milk	11 Pineapple Chicken with White Rice Broccoli 1% Milk	12 Sausage with Peppers and Onions Roasted Potatoes Mixed Fruit 1% Milk	13 Grilled Cheese Tomato Soup Apple 1% Milk	14 Baked Haddock Roasted Tomatoes Mac and Cheese Pineapple 1% Milk
17 Roasted Chicken with Sweet Potatoes Green Beans 1% Milk	18 Baked Ziti Green Salad Whole Wheat Roll Mixed Fruit 1% Milk	Encore Special Lunch 19 PEAK Meat Loaf with Mushroom Gravy Garlic Mashed Potatoes Green Beans Whole Wheat Roll 1% Milk	20 Veggie Burger Fries Green Salad Sliced Peaches 1% Milk	PEAK 21 Special Lunch Welcome Summer Encore Grilled Salmon Wild Rice Vegetable Soup 1% Milk
24 Chicken Marsala Wild Rice Broccoli 1% Milk	25 Roasted Pork with Sauerkraut Mashed Potatoes Sliced Peaches 1% Milk	26 Cuban Sliders Vegan Black Bean Soup Pineapple 1% Milk	27 Pierogies with Onions and Mushrooms Green Salad 1% Milk	28 Spaghetti Squash with Shrimp Scampi Green Salad 1% Milk

