

# Encore Menu | January 2020

\* Meals may be substituted due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 6	<b>Delicious Nutritious Meals</b> 7	<b>CLOSED New Year's Day</b> 1	Eggplant Parmesan Green Salad Mandarin Oranges Roll & Milk 2	Baked Haddock Wild Rice Roll & Milk 3
Asian Pork Herb Rice, Corn Roll & Milk 6	Baked Ziti Roasted Vegetables Roll & Milk 7	Chicken Marsala Wild Rice, Broccoli Roll & Milk 8	Chick Pea Curry Brown Rice Sliced Peaches Roll & Milk 9	Fish & Chips Fries, Cole Slaw Pineapple Milk 10
Italian Chicken Stew Vegetables, Roll Sliced Peaches & Milk 13	Pineapple Chicken Brown Rice, Broccoli Mandarin Oranges Milk 14	<b>Special Lunch National Hat Day Al Grout - Juggler, Magician &amp; Comedian</b> 15	Grilled Cheese Tomato Soup, Salad Apple & Milk 16	Baked Haddock Garden Rice Green Beans, Mixed Fruit & Milk 17
Paprika Chicken Green Beans Herb Rice, Mixed Fruit Roll & Milk 20	Low Carb Beef Stew Vegetables, Peaches Roll & Milk 21	Chicken Parmesan Penne Pasta, Salad Mandarin Oranges Milk 22	Pierogies with Onions & Mushrooms Corn, Pineapple Roll & Milk 23	Grilled Salmon Spanish Rice Snap Peas, Mixed Fruit Roll & Milk 24
Pulled Pork Brown Rice Three Bean Salad Watermelon Roll & Milk 27	Ground Beef Stroganoff Salad, Sliced Peaches Roll & Milk 28	Meatloaf with Mushroom Gravy Green Beans Pineapple & Milk 29	Eggplant Parmesan Green Salad Mandarin Oranges Roll & Milk 30	Baked Haddock Wild Rice Roll & Milk 31

## SPECIAL LUNCHES

WEDNESDAY  
**JANUARY 15**

Entertainment by:  
**AL GROUT**  
Wear your favorite hat!



FRIDAY  
**FEBRUARY 14**

Entertainment by:  
**SONNY SINGS SINATRA**  
Happy Valentine's Day!



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Asian Pork Herb Rice, Corn Roll & Milk 3	Baked Ziti Roasted Vegetables Roll & Milk 4	Chicken Marsala Wild Rice, Broccoli Roll & Milk 5	Chick Pea Curry Brown Rice Sliced Peaches Roll & Milk 6	Fish & Chips Fries, Cole Slaw Pineapple Milk 7
Italian Chicken Stew Vegetables, Roll Sliced Peaches & Milk 10	Pineapple Chicken Brown Rice, Broccoli Mandarin Oranges Milk 11	Sausage with Pepper & Onions Roasted Potatoes, Snap Peas, Pineapple & Milk 12	Grilled Cheese Tomato Soup, Salad Apple & Milk 13	<b>Special Lunch Valentine's Day Sonny Sings Sinatra</b> 14
Paprika Chicken Green Beans Herb Rice, Mixed Fruit Roll & Milk 17	Low Carb Beef Stew Vegetables, Peaches Roll & Milk 18	Chicken Parmesan Penne Pasta, Salad Mandarin Oranges Milk 19	Pierogies with Onions & Mushrooms Corn, Pineapple Roll & Milk 20	Grilled Salmon Spanish Rice Snap Peas, Mixed Fruit Roll & Milk 21
Pulled Pork Brown Rice Three Bean Salad Watermelon Roll & Milk 24	Ground Beef Stroganoff Salad, Sliced Peaches Roll & Milk 25	Meatloaf with Mushroom Gravy Green Beans Pineapple & Milk 26	Eggplant Parmesan Green Salad Mandarin Oranges Roll & Milk 27	Baked Haddock Wild Rice Roll & Milk 28