

# Encore Menu | January 2020

\* Meals may be substituted due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <b>6</b>	<b>Delicious Nutritious Meals</b>	<b>CLOSED</b> <b>New Year's Day</b> <b>1</b>	Eggplant Parmesan <b>2</b> Green Salad Mandarin Oranges Roll & Milk	Baked Haddock <b>3</b> Wild Rice Roll & Milk
Asian Pork <b>6</b> Herb Rice, Corn Roll & Milk	Baked Ziti <b>7</b> Roasted Vegetables Roll & Milk	Chicken Marsala <b>8</b> Wild Rice, Broccoli Roll & Milk	Chick Pea Curry <b>9</b> Brown Rice Sliced Peaches Roll & Milk	Fish & Chips <b>10</b> Fries, Cole Slaw Pineapple Milk
Italian Chicken Stew <b>13</b> Vegetables, Roll Sliced Peaches & Milk	Pineapple Chicken <b>14</b> Brown Rice, Broccoli Mandarin Oranges Milk	<b>Special Lunch</b> <b>15</b> <b>National Hat Day</b> <b>Al Grout - Juggler, Magician &amp; Comedian</b>	Grilled Cheese <b>16</b> Tomato Soup, Salad Apple & Milk	Baked Haddock <b>17</b> Garden Rice Green Beans, Mixed Fruit & Milk
Paprika Chicken <b>20</b> Green Beans Herb Rice, Mixed Fruit Roll & Milk	Low Carb <b>21</b> Beef Stew Vegetables, Peaches Roll & Milk	Chicken <b>22</b> Parmesan Penne Pasta, Salad Mandarin Oranges Milk	Pierogies with <b>23</b> Onions & Mushrooms Corn, Pineapple Roll & Milk	Grilled Salmon <b>24</b> Spanish Rice Snap Peas, Mixed Fruit Roll & Milk
Pulled Pork <b>27</b> Brown Rice Three Bean Salad Watermelon Roll & Milk	Ground Beef <b>28</b> Stroganoff Salad, Sliced Peaches Roll & Milk	Meatloaf with <b>29</b> Mushroom Gravy Green Beans Pineapple & Milk	Eggplant Parmesan <b>30</b> Green Salad Mandarin Oranges Roll & Milk	Baked Haddock <b>31</b> Wild Rice Roll & Milk

## SPECIAL LUNCHES

WEDNESDAY  
**JANUARY 15**

Entertainment by:  
**AL GROUT**  
Wear your favorite hat!



FRIDAY  
**FEBRUARY 14**

Entertainment by:  
**SONNY SINGS SINATRA**  
Happy Valentine's Day!



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Asian Pork <b>3</b> Herb Rice, Corn Roll & Milk	Baked Ziti <b>4</b> Roasted Vegetables Roll & Milk	Chicken Marsala <b>5</b> Wild Rice, Broccoli Roll & Milk	Chick Pea Curry <b>6</b> Brown Rice Sliced Peaches Roll & Milk	Fish & Chips <b>7</b> Fries, Cole Slaw Pineapple Milk
Italian Chicken Stew <b>10</b> Vegetables, Roll Sliced Peaches & Milk	Pineapple Chicken <b>11</b> Brown Rice, Broccoli Mandarin Oranges Milk	Sausage with <b>12</b> Pepper & Onions Roasted Potatoes, Snap Peas, Pineapple & Milk	Grilled Cheese <b>13</b> Tomato Soup, Salad Apple & Milk	<b>Special Lunch</b> <b>14</b> <b>Valentine's Day</b> <b>Sonny Sings Sinatra</b>
Paprika Chicken <b>17</b> Green Beans Herb Rice, Mixed Fruit Roll & Milk	Low Carb <b>18</b> Beef Stew Vegetables, Peaches Roll & Milk	Chicken <b>19</b> Parmesan Penne Pasta, Salad Mandarin Oranges Milk	Pierogies with <b>20</b> Onions & Mushrooms Corn, Pineapple Roll & Milk	Grilled Salmon <b>21</b> Spanish Rice Snap Peas, Mixed Fruit Roll & Milk
Pulled Pork <b>24</b> Brown Rice Three Bean Salad Watermelon Roll & Milk	Ground Beef <b>25</b> Stroganoff Salad, Sliced Peaches Roll & Milk	Meatloaf with <b>26</b> Mushroom Gravy Green Beans Pineapple & Milk	Eggplant Parmesan <b>27</b> Green Salad Mandarin Oranges Roll & Milk	Baked Haddock <b>28</b> Wild Rice Roll & Milk