

PEAK Menu | January 2020

* Meals may be substituted due to availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Delicious Nutritious Meals</p>		<p>CLOSED New Year's Day</p>	<p>Eggplant Parmesan Green Salad Mandarin Oranges Roll & Milk</p>	<p>Baked Haddock Wild Rice Roll & Milk</p>
<p>Asian Pork Herb Rice, Corn Roll & Milk</p>	<p>Baked Ziti Roasted Vegetables Roll & Milk</p>	<p>Chicken Marsala Wild Rice, Broccoli Roll & Milk</p>	<p>Chick Pea Curry Brown Rice Sliced Peaches Roll & Milk</p>	<p>Fish & Chips Fries, Cole Slaw Pineapple Milk</p>
<p>Italian Chicken Stew Vegetables, Roll Sliced Peaches & Milk</p>	<p>Pineapple Chicken Brown Rice, Broccoli Mandarin Oranges Milk</p>	<p>Sausage with Pepper & Onions Roasted Potatoes, Snap Peas, Pineapple & Milk</p>	<p>Grilled Cheese Tomato Soup, Salad Apple & Milk</p>	<p>Baked Haddock Garden Rice Green Beans, Mixed Fruit & Milk</p>
<p>Paprika Chicken Green Beans Herb Rice, Mixed Fruit Roll & Milk</p>	<p>Low Carb Beef Stew Vegetables, Peaches Roll & Milk</p>	<p>Chicken Parmesan Penne Pasta, Salad Mandarin Oranges Milk</p>	<p>Pierogies with Onions & Mushrooms Corn, Pineapple Roll & Milk</p>	<p>Special Lunch Lunar New Year</p>
<p>Pulled Pork Brown Rice Three Bean Salad Watermelon Roll & Milk</p>	<p>Ground Beef Stroganoff Salad, Sliced Peaches Roll & Milk</p>	<p>Meatloaf with Mushroom Gravy Green Beans Pineapple & Milk</p>	<p>Eggplant Parmesan Green Salad Mandarin Oranges Roll & Milk</p>	<p>Baked Haddock Wild Rice Roll & Milk</p>

SPECIAL LUNCHES

FRIDAY
JANUARY 24
LUNAR NEW YEAR
Celebrate with us!



FRIDAY
FEBRUARY 14
VALENTINE'S DAY
Celebrate with us!

